



DocTalk Chronic Kidney Disease

Wednesday, March 18, 2026 • 10:00 AM - 11:00 AM

Adult Recreation Center

201 E. Colorado St., Glendale, CA 91205

Join us for an engaging and informative presentation on Chronic Kidney Disease (CKD)! Discover what CKD is, explore the five stages of kidney health, and learn simple, practical steps you can take to slow kidney damage and stay feeling your best. Whether you're looking to protect your health or support a loved one, this empowering session will give you the knowledge and confidence to take action.

It's never too late to take steps toward better health—come learn, ask questions, and be inspired!

If you have any questions or would like to RSVP to this event, please email CSPCares@GlendaleCA.gov or call (818) 548-3775.

Disclaimer: The City of Glendale's Community Services & Parks Department is not affiliated with the presenting organization. All topics and speakers are presented for informational purposes. The organization's or speakers' opinions do not necessarily reflect or represent the official policy or position of the City and its Community Services & Parks Department.



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