Community Services
& Parks

Are You A Senior Who Needs Nutrition Assistance?

Criteria

Seniors 60 years or older residing in Los Angeles County are eligible for the Elderly Nutrition Program.

2 OPTIONS AVAILABLE FOR ELIGIBLE SENIORS:

Option One: Frozen Meals Pick Up or Delivery

7 days a week of frozen meals available for seniors who have means to store and warm up the frozen meals.

Delivered by City Staff on designated days of the week or
Pick up by senior or his/her designee on assigned days.

Option Two: Brown Bag Pick-Up

7 days a week

Available for seniors who don't have the means to store/warm up the frozen meals.

Brown Bag meal options available to those without the means to warm up frozen meals at:

ADULT RECREATION CENTER, 201 East Colorado St, Glendale, CA 91205
Monday-Friday ONLY - 11:30 a.m.-12:30 p.m. on the East side of the building at Louise St. entrance.

SPARR HEIGHTS COMMUNITY CENTER, 1613 Glencoe Way, Glendale, CA 91208
Monday-Friday ONLY - 11:30 a.m.-12:30 p.m. at Paloma Ave. entrance.

***New Clients must fill out Universal Intake Form before receiving meals.**
***Availability is based on supply.**

For information and inquires related to the Elderly Nutrition Program, please call (818) 548-3775 or visit us at www.glendaleca.gov/seniors