



SENIOR SERVICES COMMITTEE

REGULAR MEETING MINUTES

Thursday, May 30, 2019, 3:00 p.m.

Sparr Heights Community Center, 1613 Glencoe Way, Glendale, CA 91208

1. ROLL CALL

The meeting was called to order at 3:10 p.m.

Present: Committee Members Barrios, Filipian, Panchal, Varraveto, Voskanian, Levee, Young, Zakarian

Absent: Committee Members Aintablian, Nazarian, Pierce, Gano, Gonzalez

Staff: Aleksanian, Kavarian, Hoonanian, Isayan

- A. Report of Recording Secretary re: Posting of Agenda. Ms. Hoonanian reported that the Agenda for the May 30, 2019, quarterly meeting of the Senior Services Committee was posted on or before Monday, May 27, 2019, on the Bulletin Board outside City Hall.

2. MINUTES

- A. Approval of the Minutes of the February 28, 2019, Senior Services Committee Meeting

A motion was made to approve the minutes of the February 28, 2019, Senior Services Committee meeting as written.

Moved: Levee Second: Filipian
Unanimous Consensus (Motion Carried)

3. ORAL COMMUNICATIONS

None

4. Reports – Information Only

- A. Quarterly Activity Report regarding Senior Programs and Events Update for Spring/Summer 2019. Ms. Kavarian introduced Aylin Isayan, Community Services Supervisor with the City's Community Services & Parks Department, who reported on various events and programs offered in spring and summer 2019.

Ms. Isayan discussed the lack of turnout at Assembly Member Friedman's Scam Stoppers event due to the event being late in the evening.

City staff attending Montrose Farmer's Market to outreach and market CSP events was highlighted in the presentation. Ms. Isayan mentioned the upcoming Senior Farmer's Market Coupon distribution for seniors to purchase items at the Montrose Farmer's Market.

May as Older Americans Month was highlighted in the presentation by Ms. Isayan.

The Committee discussed how to outreach and inform seniors that on June 1, 2019, SSI/SSD beneficiaries will be eligible for CalFresh benefits, as the current laws have changed to allow for SSI/SSD clients to apply.

Ms. Kavarian thanked all of the Committee members involved in organizing the events and programs this first year.

5. **Action Items**

A. Review and Discuss Emergency Preparedness (EP) Event to be held in October 2019

1. Motion to provide feedback and direction regarding an EP event in October.

Ms. Kavarian and Ms. Isayan reported that the Civic Auditorium is not available in October to host the EP Event. Staff requested direction from the Committee on alternate venues and event coordination.

Chair Levee mentioned parking concerns with Adult Recreation Center. Committee discussion included identifying the Police Community Room and Central Library as possible venue choices.

Staff suggested that maybe Committee members can each select a month/topic from the 12 month Emergency Preparedness Calendar/Presentation and be responsible for coordinating a corresponding table at the event. Chair Levee volunteered to be responsible for the month of February and provide the water. Committee Members Filipian and Varraveto chose to be responsible for the month of April and provide CPR items.

A motion was made directing staff to look at Central Library or the Police Community Rooms as the potential venue for the EP event in October; and to work with the Senior Services Committee members for each to identify a month/topic from the Emergency Preparedness Calendar for which they will either provide items or assist with coordination of the corresponding table at the EP event. Staff will e-mail a list of the calendar options with deadlines.

Moved: Filipian Seconded: Young
Unanimous Consensus (Motion Carried)

B. Review Regarding Key Recommendation #4 Development and training on healthcare and caregiver training/support

1. Motion to provide feedback to staff on Communication Outreach to Senior Community.

There was discussion and Committee members and staff commented as follows:

- Develop a plan to provide caregiving resources for caregivers and families
- A current LA County Caregiver Resource Guide is available for review
- USC Verdugo Hills Hospital works with AARP to host caregiver meetings and support groups
- The creation of a Glendale specific caregiver resources guide for caregivers and families would be beneficial
- Committee should host caregiver support events, that can be co-sponsored with AARP and hospitals, to outreach to caregivers and families

Tereza Aleksanian, Deputy Director of Community Services & Parks, introduced Meline Amaspyan as the new Community Services Supervisor at Sparr Heights Community Center to the Senior Services Committee.

7. **ADJOURNMENT**

The meeting was adjourned at 4:20 p.m.