Emergency Kit

Visual Checklist for Disaster Supplies

Water	Food	Prescription Medications	First Aid Kit	Baby Supplies	Pet Supplies	Bleach & Eye-dropper
Mylar Blanket	Blankets	Sleeping Bag	Glasses & Eye Protection	Extra Clothing	Personal Hygiene	Towelettes
Towels	Sanitation	Plastic Sheeting	Tube Tent	Backpack	Dust Mask	Work Gloves
Flashlight	Batteries	Matches	Candles	Lightsticks	Knife	Multi-purpose Tool
Wrench, Pliers, Crowbar	Rope / Cord	Duct Tape	Can Opener	Kitchen Items	Scissors	Fire Extinguisher
Compass	Pen & Paper	Radio	Cell Phone & Charger	Whistle	Signal Mirror	2-way Radios
Emergency Guide/Plan	Family Documents	Maps	Camera	Games & Books	Extra Keys	Cash, Travelers Checks, Coins
			Letter or Note of Love & Hope			

You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, or even a week or longer.

Ready America

References

American Red Cross
www.redcross.org

Ready
www.ready.gov

Federal Emergency Management Agency
www.fema.gov

1. Get a kit
2. Make a plan
3. Be informed

Checklist prepared with guidance from Craig Baldwin, Tracy Burt, Abigail Cermak, Michelle Gregory, Hidehiko Kanegai PhD, Andy Parish, Lisa Peffer, Mari Srinivas PhD, June Stephens, Tomoko Sugatani and Bob Weil.

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Emergency Comfort Kit Guide
www.stayhomeplanning.com/comfort_kit.pdf

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