

4. **ORAL COMMUNICATIONS**

None

5. **Reports – Information Only**

- A. Quarterly Activity Report regarding Senior Programs and Events Update for Fall/Winter 2018. Ms. Kavarian introduced John Maghaguian, Acting Community Services Supervisor with the City's Community Services & Parks Department, who reported on various events and programs offered in Fall and Winter 2018.

Ms. Kavarian thanked all of the Committee Members involved in organizing the events and programs.

Chair Levee commented that free transportation to the congregate meals program is available through Dial-A-Ride.

6. **Action Items**

- A. Review and Discuss CSP 2017 Senior Needs Assessment Key Recommendations #1, #3, #4, #5
1. Motion to prioritize Key Recommendations from the CSP 2017 Senior Needs Assessment
Chair Levee asked to combine this item with item 3A, requesting that committee members introduce themselves and share one or two ideas on how objectives 1, 3, 4, or 5 may be reached.

Committee Members and staff commented as follows:

1. Camille Levee, VP Wellness Works –
2. Andrew Gano, EMS Coordinator with the Glendale Fire Department
 - Focus on making sure that seniors are taking care of themselves after leaving the hospital, such as picking up and taking their medication
 - Community Medic Program that previously existed is no longer funded
3. Tina Voskanian, Nick of Time Project
 - Team up seniors who are house rich/cash poor with seniors who can no longer afford their apartments, so that they can live as roommates
4. Steve Pierce, Montrose Shopping Park Association
 - Set up an information booth for seniors at the Montrose Sunday Market once a month
5. Juan Gonzalez, City of Glendale Community Development – Project Manager for the Be Street Smart Glendale safety education campaign for pedestrian, motorists, and bicyclists
 - Glendale Police Department has been going out to speak to seniors about pedestrian safety
 - In developing the campaign, staff conducted a senior focus group, during which seniors said that they need reminders because sometimes they forget
 - Senior Services Committee can help facilitate re-training
6. Tereza Aleksanian, City of Glendale Community Services & Parks
 - Focus on communication and not duplicating efforts.
7. John Maghaguian, City of Glendale Community Services & Parks
 - Help seniors understand/accept assisted living

8. Onnig Bulanikian, City of Glendale Community Services & Parks
 - Provide additional programs for active seniors
 - Insert promotional material in Glendale Water & Power bills so that seniors will come out to educational programs
9. Eliza Dzhanyan, City of Glendale Community Services & Parks
 - Distribute over 200 farmers market vouchers in June and July, given out by the County
10. Maggie Kavarian, City of Glendale Community Services & Parks
 - Continue to work on communication within the Committee
11. Iris Moreno Hernandez, City of Glendale Community Services & Parks
 - Advertise senior events in such a way that is more accessible to seniors
12. Melissa Varraveto, Adventist Health Glendale
 - Share what we are all offering in order to reach more people
13. Marie Filipian, Dignity Health Glendale Memorial Hospital
 - Seniors need help having a medications list handy
 - Support groups
14. Purnima Panchal, USC Verdugo Hills Hospital
 - Have other Committee members give presentations during her program
15. Tiffany Barrios, City of Glendale Library, Arts and Culture
 - Support caregivers while providing an activity for seniors
 - Offer services for the family

Committee Member Gano said that he is the emergency manager for the City and that he would share emergency preparedness information with the Committee via email and at the next meeting. He also said that he is willing to go anywhere to speak on the subject.

Committee Member Pierce suggested organizing an event in which seniors are provided a backpack and they can walk around the room to fill it with free emergency preparedness products. He also suggested offering refreshments as an incentive for seniors to attend the event.

Chair Levee suggested using the faith community to disseminate the information.

After some discussion, a motion was made to prioritize the Key Recommendations as follows: #3, #4, and #5.

Moved: Pierce **Second:** Varraveto

Vote as Follows:

Ayes: Barrios, Filipian, Gano, Gonzalez, Panchal, Pierce, Varraveto, Voskarian, Levee

Noes: None

Absent: Aintablian, Koszis, Nazarians, Young

Abstained: None

Motion carried.

- B. Review and Discuss Communication Outreach to the Senior Community
 1. Motion to provide feedback to staff on Communication Outreach to Senior Community.

Ms. Kavarian provided a brief presentation on the various ways seniors have access to information regarding programs, events, and activities offered by the City.

Ms. Dzhanyan suggested reaching out to seniors via their apartment management company. Chair Levee asked if there is a listing of all management companies.

Ms. Aleksanian asked that at future meetings, the Committee provide specific direction to staff regarding what outreach and actions they would like staff to do between meetings. She said that the more prepared the Committee comes to the meeting with feedback and direction to staff, the more can be accomplished in between meetings.

Chair Levee shared an informational tool that is available at City Hall and said that it would be great to make something like it available to seniors.

7. **COMMITTEE/STAFF COMMENTS**

None

8. **ADJOURNMENT**

The meeting was adjourned at 4:37 p.m.