



Got Meals?



Senior Nutritional Home Delivered Meals Program

Home Delivered Meals Program is designed to provide a healthy meal alternative to homebound seniors.

To schedule an appointment call: (818) 548-3775

Requirements...

- ✓ Client must be 60 years of age or older
- ✓ Client must be homebound
- ✓ Client must reside in Glendale, La Crescenta, or Montrose

Delivery to You Includes:

7 Frozen Meals (prepackaged) per week

7 half-pints of Milk (non-fat or 1%)

7 Pieces of Bread

Fresh Fruit (assorted or canned)



Funded in part by a grant from Los Angeles County Area Agency on Aging

For additional information call (818) 548-3775



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