



SENIOR SERVICES COMMITTEE

REGULAR MEETING MINUTES

Thursday, August 23, 2018, 3:00 p.m.

Adult Recreation Center, 201 E. Colorado Street, Glendale, CA 91205

1. ROLL CALL

The meeting was called to order at 3:11 p.m.

Present: Committee Members Barrios, Filipian, Gonzalez, Koszis, Levee, Nazarians, Panchal, Varraveto, Voskanian, Young

Absent: Committee Members Aintablian, Gano, Pierce

Staff: Bulanikian, Aleksanian, Kavarian, Maghaguian, Hoonanian, Moreno Hernandez

- A. Report of Recording Secretary re: Posting of Agenda. Ms. Moreno Hernandez reported that the Agenda for the August 23, 2018, quarterly meeting of the Senior Services Committee was posted on or before Monday, August 20, 2018, on the Bulletin Board outside City Hall.

2. INTRODUCTIONS AND PRESENTATIONS

- A. Introduction/Recognition of City Councilmembers speaking on behalf of the newly formed Senior Services Committee

Maggie Kavarian, Senior Community Services Supervisor with the City of Glendale, introduced Councilmember Paula Devine, crediting her and the City Council for the formation of the Senior Services Committee. Councilmember Devine said a few words and thanked everyone for their role in ensuring the quality of life of seniors.

- B. Introduction of Committee Members and City Staff who will sit on the Senior Services Committee for a period of 2 years.

Ms. Kavarian asked each Committee Member present to introduce him/herself.

Committee Members:

- Carolyn Young - retired LCSW and Glendale resident
- Rafi Nazarians - AARP CA State Director
- Camille Levee - VP Wellness Works
- Tina Voskanian - Nick of Time
- Steven Koszis - Glendale Police Department
- Juan Gonzalez - City of Glendale Community Development
- Tiffany Barrios - City of Glendale Library, Arts and Culture
- Marie Filipian - Dignity Health Glendale Memorial Hospital
- Purnima Panchal - USC Verdugo Hills Hospital
- Melissa Varraveto - Adventist Health Glendale

Councilmember Devine commented that Committee Member Levee came to her with the idea of forming a committee to look after the needs of seniors. She also thanked staff.

At this time, item 6A, Election of Officers, was taken out of order.

6A1. Recording Secretary Iris Moreno Hernandez entertain nominations for the office of Chair.

Committee Member Koszis nominated Committee Member Levee for the office of Chair. No further nominations were made.

Vote as Follows:

Ayes: Barrios, Filipian, Gonzalez, Koszis, Levee, Nazarians, Panchal,
Varraveto, Voskanian, Young

Noes: None

Absent: Aintablian, Gano, Pierce

Abstained: None

Ms. Moreno Hernandez declared Committee Member Levee the duly elected Chair of the Senior Services Committee.

Committee Member Levee opened the floor for nominations for the office of Vice Chair.

Chair Levee nominated Committee Member Young for the office of Vice Chair. No further nominations were made.

Vote as Follows:

Ayes: Barrios, Filipian, Gonzalez, Koszis, Levee, Nazarians, Panchal,
Varraveto, Voskanian, Young

Noes: None

Absent: Aintablian, Gano, Pierce

Abstained: None

Committee Member Young was declared the duly elected Vice Chair of the Senior Services Committee.

At this time, item 5A, Receive report regarding CSP 2017 Senior Needs Assessment and formation of the Senior Services Committee, was taken out of order.

Ms. Kavarian gave a PowerPoint presentation covering the following topics:

- Feasibility of a Senior Services Committee
- Leaders in Aging Services
- Starting Point: Senior Needs Assessment
- Focal Questions: How do we serve more seniors, and/or service seniors more effectively?
- Four Pathways: survey data, focus group meeting, interview with aging care leaders, and best practices
- Methodology: Using 12 domains to develop the assessment (8 chosen from AARP Network of Age Friendly Cities and 4 added by City of Glendale Senior Services staff)
 1. Communication/Information
 2. Transportation
 3. Food Security
 4. Social Participation/Life Long Learning
 5. Activities of Daily Living
 6. Legal/Advocacy
 7. Civic Participation/Employment

8. Outdoor Spaces, Buildings, Facilities
 9. Health Care/Caregiver Support
 10. Housing
 11. Emergency Preparedness
 12. Respect/Social Inclusion
- Creation and Distribution of a Senior Survey
 - Focus Group Meeting with Stakeholders
 - Analysis Plan
 - Results – Top 3 Priorities
 - Six Key Recommendations (Two of the six key recommendations have already been accomplished: # 2 and #6)
 1. Develop housing strategies for seniors to find Alternative Housing Options.
 2. *The creation of a Senior Services Committee.*
 3. Development of an intra-agency plan to educate seniors on Emergency Preparedness.
 4. Work with Senior Services Network of Stakeholders to develop and provide trainings on healthcare and caregiver training/support.
 5. Work with the Senior Services Network of Stakeholders to promote Senior Safety by providing educational workshops regarding senior fraud/scams, elder abuse and pedestrian safety.
 6. *Become a member of the AARP Age-Friendly Network of Cities in 2018 to make a commitment to actively work toward making City of Glendale a great place for people of all ages.*
 - Committee Selection Process Recommendation
 - Fiscal Impact

Vice-Chair Young inquired as to why mental health was not included as a domain. Ms. Kavarian responded that mental health falls under domain #9 Health Care/Caregiver Support.

Chair Levee encouraged Committee Member to read through the Senior Needs Assessment. She highlighted the importance of transportation for seniors to access programs and of mental health services for seniors.

3. **COMMITTEE/STAFF COMMENTS**

Taken out of order after item 6B.

4. **ORAL COMMUNICATIONS**

None

5. **Reports – Information Only**

- A. Receive report regarding CSP 2017 Senior Needs Assessment and formation of the Senior Services Committee

Taken out of order after item 6A.

6. **Action Items**

- A. Election of Officers
1. Chair
 2. Vice Chair

Taken out of order after item 2B.

- B. Review and Discuss CSP 2017 Senior Needs Assessment Key Recommendations

1. Motion to provide direction to staff on CSP 2017 Senior Needs Assessment Key Recommendations

Ms. Kavarian provided a PowerPoint presentation covering the following:

- Committee goals and expectations
- Development of an Action Plan using the six key recommendations

A motion was made directing staff to move forward with the six key recommendations and to research other cities' action plans and provide the links to the Committee.

Moved: Nazarian Second: Young
Unanimous Consensus (Motion Carried)

Chair Levee also asked staff to make the City's Resource Guide Available to the Committee, to include events for seniors in the City's newsletter, and to have each Committee Member print out their own meeting packet moving forward.

Item 3, Committee/Staff Comments, was taken at this time.

Ms. Kavarian announced that the next Senior Services Committee meeting is scheduled for November 15, 2018, at 3:00 p.m. at the Adult Recreation Center.

7. **ADJOURNMENT**

The meeting was adjourned at 4:48 p.m.