Disclaimer: The City of Glendale, Community Services & Parks Department is providing the contact information for social services in this Guide as a public service. The City of Glendale, Community Services & Parks Department do not operate the programs, assistance, or services offered by other organizations, agencies, or providers listed in this Guide. Their information, advice, views, opinions, assistance, or services do not necessarily reflect or represent the official policy or position of the City of Glendale, Community Services & Parks Department. The City of Glendale, Community Services & Parks Department are not responsible or liable for the programs, assistance, or services offered by other organizations, agencies, or providers mentioned in this Guide.
City of Glendale
Community Services & Parks
Youth & Family Services
Social Services Resource Guide
2018

The Community Services & Parks Department believes that youth are highly impacted and influenced by both their families and the community. Through the Youth & Family Services program, we can best serve the youth when we address the needs of the family through a comprehensive approach of case management. The success of this approach is only possible through the variety of social service resources available in our community. The Youth & Family Services Program supports youth and families in the Glendale community through its dedication of providing supportive links to these resources.

We are proud of our ongoing partnerships with local social service organizations in our community and surrounding cities. It is through the efforts of these partnerships that we are able to provide a comprehensive resource guide to the community. This guide is designed to raise awareness of the programs and services provided by organizations that are serving our community’s youth and their families.

I would like to thank everyone in the community who participated in making this resource guide possible. Without the assistance of everyone involved, our goal of bringing this resource guide to the community would not be possible.

Respectfully,

Onnig Bulanikian, Director
Community Services & Parks Department

Every effort has been made to ensure the accuracy of the listings. The City of Glendale’s Community Services & Parks Department’s Youth & Family Services Program apologizes if there are any omissions, misspellings or incorrect information in this resource guide. This resource guide is intended to connect youth and their families to organizations that provide programs and services that meet their needs.

Staff respectfully requests that any inaccuracy be brought to our attention by any individual utilizing the resource guide. If you are interested in adding new resources to our guide, including your organization, learn about our program or provide feedback about the resource guide, please call us at (818) 937 – 7243.
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Child Abuse Prevention & Treatment

DIDI HIRSCH—Mental Health Services
1540 E. Colorado Blvd.
Glendale, CA 91205
(818) 244 – 7257
(310) 390 – 8896 Intake Line
Monday – Thursday 8:30 a.m. – 8:00 p.m., Friday 8:30 a.m. – 5:00 p.m.
http://www.didihirsch.org

Provides individual and family mental health therapy, case management and substance abuse services for youth, seniors, and families and developmentally disabled on an outpatient basis. Home based and school based services also available. Medi-Cal accepted at no cost. Armenian and Spanish translation offered.

FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.

HILLSIDE MENTAL HEALTH PROGRAM
940 Ave. 64
Pasadena, CA 91105
(323) 254 – 2274
Monday – Thursday 8:00 a.m. – 6:00 p.m., Friday 8:00 a.m. – 5:00 p.m.
http://www.hillsides.org

Office and in home counseling for treatment of child abuse, mental health issues for children 9 - 18 years old.

INSTITUTE FOR MULTICULTURAL COUNSELING
121 W. Lexington Dr. Suite 300
Glendale, CA 91203
(818) 240 – 4311
http://imces.org

Provides instruction for parents and teachers that help children find new ways of resolving conflicts and creates caring homes, classrooms, and communities.
LOS ANGELES COUNTY CHILDREN & FAMILY SERVICES
532 E. Colorado Blvd.
Pasadena, CA 91101
(626) 229 – 3500
http://dcfs.co.la.ca.us

Protective services provided for children, victims of abuse and neglect. Referrals accepted through 24-hour child abuse hotline.

PACIFIC CLINICS Hye-Wrap
237 N. Central Ave.
Glendale, CA 91203
(818) 547 – 9544 Intake Line
http://www.pacificclinics.org

Pacific Clinics provides school, home and office based mental health services. All ages services work with children and families, in addition a small adult service outpatient program. PCHW also provides services in counseling, case management and substance abuse. Armenian, Spanish and Farsi translation offered. Call for an appointment.
Child Care

PACIFIC CLINICS HEAD START & EARLY HEAD START
2500 E Foothill Blvd. Suite 408
Pasadena, CA 91107
(818) 949 – 0019
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://www.pacificclinics.org
headstart@pacificclinics.org

Pacific Clinics Head Start and Early Start is a Birth - 5 child development program designed to meet educational, social, emotional, health and nutritional needs for enrolled children and families. Serving low income families. Spanish, Armenian, Russian and Chinese translation offered.

CHILDCARE INFORMATION SERVICES
2465 E. Walnut St.
Pasadena, CA 91107
(626) 449 – 8221
Monday – Friday 8:30 a.m. – 4:30 p.m.
http://www.optionscc.org

Provides childcare information including referrals for childcare, emergency childcare, subsidized childcare for parents that qualify.

CHILDCARE RESOURCE CENTER
20001 Prairie St.
Chatsworth, CA 91311
(818) 717 – 1000
http://www.ccrcla.org

By focusing on the whole family, Head Start and Early Head Start programs both focus on giving families the necessary resources to care for their children in healthy and productive ways. CCRC staff offers nutrition services as well as many opportunities for parents to be involved in their child’s growth, development and education.
COMMUNITY CARE LICENSING CENTER
Department of Social Services
1000 Corporate Center Dr. # 200B
Monterey Park, CA 91754
(800) 952 – 5253
http://www.cclld.ca.gov

Administers and monitors licenses for family child care homes and child care centers to ensure that a safe and healthy environment is provided for children in care. Investigates complaints against childcare providers. English, Spanish, Chinese, Armenian translation provided.

YWCA GLENDALE
735 E. Lexington Dr.
Glendale, CA 91206
(818) 242 – 4155
(888) 999—7511   (24/7 Hotline)
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://glendaleywca.org

YWCA Glendale provides supportive services to survivors of domestic violence and their children. Services include 24/7 Hotline, emergency shelter, case management, legal help, individual and group counseling, homeless prevention and childcare. Education and outreach activities are also available to the greater Glendale community. Spanish and Armenian translation offered.
Dental Care

KIDS COMMUNITY DENTAL CLINIC
400 W. Elmwood Ave.
Burbank, CA 91506
(818) 841 – 8010
http://www.kidsclinic.org/

Servicing ages 0 – 18, dedicated to improving children’s oral health through quality dental care and preventive education for low-income families.

SABAN FREE CLINIC
8405 Beverly Blvd.
Los Angeles, CA 90048
(323) 653 – 1990 Appointment Line
Monday – Thursday 7:30 a.m. – 8:00 p.m., and Friday 7:30 a.m. – 4:00 p.m.
http://www.sabancommunityclinic.org

Free clinic providing fillings, extractions, hygiene, and referrals for adults and children 5 - 18 years old. Insurance not required.
Disability, Special Education & Rehab

ABILITY FIRST—Maple Park Apartments
711 E. Maple St., Suite 114
Glendale, CA 91205
(818) 507 – 1969
https://hispanicaccess.org/service-provider-directory/ability-first-glendale-maple-park-apartments

24 independent living apartments for adults (18+) with physical or developmental disabilities. Apartments are for low income adults and are subsidized by Section 8. Apartments are wheelchair accessible and are equipped with emergency dispatch alarms.

ACCESS SERVICES
P.O. Box 5728
El Monte, CA 91734
(213) 488 – 1748
(800) 883 – 1295 Toll Free
(800) 826 – 7280 TDD
http://accessla.org

Access Services provides transportation services for people unable to independently use public buses or light rail services in Los Angeles County for all or some of their trips. Access Services works with the public buses and light rail to provide curb-to-curb service within a ¾ mile of bus routes in Los Angeles County. Access Services is what is known as an ADA Complimentary Para transit service and operates under the rules set forth in the Americans with Disabilities Act (ADA). Access Services is also responsible for coordinating transportation programs of social service providers in Los Angeles County.

ADULT PROTECTIVE SERVICES
L.A. Co. Community & Senior Services
3333 Wilshire Blvd., Suite 400
Los Angeles, CA 90010
(888) 202 – 4248
http://www.la4seniors.com

Crisis intervention for elderly and dependent adult abuse. If you know or suspect that an elderly person or a dependent adult is being abused physically, emotionally, or financially, or is being neglected by self or others, call the number above for assistance. Spanish translation offered.
ADULT THERAPEUTIC RECREATION PROGRAM
City of Glendale—Community Services and Parks Department
820 E. Maple St.
Glendale, CA 91205
(818) 548 – 3783

Recreational, educational, social and fitness activities for developmentally and learning disabled adults ages 18 and above. The program provides excursions and Monday “Get Fit” Club. Armenian and Spanish translation offered.

AHEAD WITH HORSES, INC.
10157 Johanna Ave.
Shadow Hills, CA 91040
(818) 767 – 6373
http://aheadwithhorsesla.org/

It is a nonprofit developmental therapeutic vaulting program that specializes in children 12 and under with multiple and severe disabilities, which include Autism/Autism Spectrum, Down syndrome, Cognitive Disabilities, Developmental Delays, Cerebral Palsy, Spina Bifida, Congenital Disabilities, Chromosome Disorders, Paraplegia, Quadriplegia, Deaf, Seizure Disorders, Speech Disabilities, Blind/Visual Disabilities, Muscular Dystrophy. Also, we utilize volunteers ages 12+ from the community to provide their services. Spanish translation offered.

BRAILLE INSTITUTE
741 N. Vermont Ave.
Los Angeles, CA 90029
(800) 272 – 4553
(323) 663 – 1111
http://www.brailleinstitute.org

Provides education and counseling services for people of all ages who are blind and visually impaired, books on tape library for Southern California Braille and recording services, low vision consultation. Braille services and supplies, including tactical maps, graphics, certified Braille embossing and a library of books, descriptive videos, comprehensive programs for children. Serves all ages. Spanish translation offered.

BURBANK NOON LIONS
(818) 955 – 8018

Offers programs designed to meet the hearing needs of low-income individuals. Provides no-cost audiologist assessment as well as cleaned, reconditioned and re-shelled hearing. Offers eye exams.
CALIFORNIA DEPARTMENT OF REHABILITATION
Glendale and Burbank Branch Office
425 W. Broadway, Suite 200
Glendale, CA 91204
(818) 551 – 2141
http://www.rehab.cahwnet.gov

Assist people with all types of disabilities to retain employment and live independently. Vocational rehab, training, education, transportation, job placement, assistive technology, deaf and hearing, blind services, and technical assistance. Spanish translation offered.

CAMPBELL VOCATIONAL TRAINING CENTER
6512 San Fernando Rd.
Glendale, CA 91201
(818) 242 – 2434
Monday – Thursday 9:00 a.m. – 4:00 p.m., Friday 9:00 a.m. – 4:30 p.m.
http://www.thecampbell.org

Formally GAR, The Campbell Center is dedicated to serving persons with developmental disabilities primarily related to mental retardation, cerebral palsy and epilepsy. Provides adults with developmental disabilities the opportunity through residential vocational and educational programs to achieve independence. Supportive employment services also included. Alma House, David Gogian House, and Hamilton House, 3 group homes plus pastimes, a community integration program for senior clients. Spanish and Armenian translation offered.

CASA COLINA CENTER FOR REHABILITATION
255 E. Bonita Ave.
Pomona, CA 91767
(866) 724 – 4127
http://www.casacolina.org

Acute impatent and outpatient, physical med and rehab for children and adults diagnosed with brain injury, spinal cord injury, stroke, back pain disorders, chronic pulmonary disease, neurological and neuromuscular disorders and other disabiling conditions. Outpatient clinics: audiology, hand, orthotics and prosthetics, driver training and evaluation, amputee and pulmonary. Return to work, long-term residential and post rehab support programs. Adaptive sports and outdoor adventures, adapted fitness center, SWIMFIT program, support groups open to community members. Spanish translation offered and interpreters available.
CENTER FOR THE PARTIALLY SIGHTED—Eagle Rock
7462 North Figueroa Blvd., Suite 103
Los Angeles, CA 90041
(310) 663 – 0621
http://www.low-vision.org

Low vision services for the partially sighted and/or legally blind. Training with prescribed visual devices, psych counseling, diabetes education and support groups, HIV and vision loss program, pediatric vision assessments, orientation and mobility instruction, independent living skills classes and independent living aids, home safety assessments. Technology assessments including intro to specific devices for work or school such as computer software, telescopic lenses. Spanish translation offered and other languages upon request.

CHILDREN’S MEDICAL SERVICES—L.A. County Department of Health Services
9320 Telstar Ave., Suite 226
El Monte, CA 91731
(800) 993 – 2437
Monday – Friday 8:00 a.m. – 5:00 p.m.
http://www.publichealth.lacounty.gov

CMS provides leadership for a family-centered health care system for children. Promotes access to prevention, screening, diagnosis, treatment, rehab, and follow-up activity. CMS administers programs including: CCS, CHDP, Calif. Children’s Services assures that children under age 21 years with chronic illnesses or disabilities receive specialized medical care and rehab when their families have been determined eligible.

CHILDREN’S TUMOR FOUNDATION—California Chapter
11601 Wilshire Blvd., Suite 500
Los Angeles, CA 90025
(310) 216 – 9570
http://www.ctf.org

Dedicated to finding the cure and treatment of neurofibromatosis. Refers individuals to genetic counseling, medical diagnosis and care, connects them with local support groups, supplies, education brochures, providing professional and public education packets, speakers, resources and referrals.
CONVALESCENT AID SOCIETY
3255 East Foothill Blvd.
Pasadena, CA 91107
(626) 793 – 1696
Monday, Wednesday, Thursday, Friday 8:30 a.m. – 4:30 p.m., Tuesday 8:30 a.m. – 4:00 p.m.
http://www.cas1.org

Durable medical equipment on loan for in-home use. In continuous operation since 1923, the
Convalescent Aid Society provides assistance to residents needing durable medical equipment for
in-home use at no charge and without time restraints.

DISABILITY RIGHTS LEGAL CENTER—Loyola Law School
350 S. Grand Ave Ste. 1520
Los Angeles, CA 90071
(213) 736 – 1031
http://www.disabilityrightslegalcenter.org

Law firm providing litigation, mediation, special education advocacy and training services to persons
with disabilities. Litigation focuses on disability discrimination in government services businesses,
housing, and transportation. Mediation for any matter affecting a person with disabilities. Special
education advocacy for children with cancer. Training on ADA for persons with disabilities, attorneys,
businesses, and government agencies. English and Spanish translation offered.

DEPARTMENT OF PUBLIC SOCIAL SERVICES In-Home Supportive Services
3307 N. Glenoaks Blvd.
Burbank, CA 91504
(888) 822 – 9622
http://dpss.lacounty.gov

In Home Supportive Service (IHSS) program helps pay for services provided to eligible persons who
are legally blind, or disabled so they can remain safely in their own homes. Disabled children may
also receive IHSS. Multiple languages translation offered.

DISABLED SPORTS USA—Orange County
531 Heather Ave.
La Habra, CA 90631
(949) 276 – 7030
http://www.theachievers.org

Recreation and socialization monthly ski weekends at Mammoth, December thru May. Serves blind,
deaf, Cerebral Palsy, paraplegics, Spina Bifida, children and adults with any disability.
DOWN SYNDROME ASSOCIATION OF LOS ANGELES
16461 Sherman Way, Suite 180
Van Nuys, CA 91406
(818) 786 – 0001
Monday – Friday 9:00 a.m. – 4:00 p.m.
http://www.dsala.org

Provide peer counseling to expectant and new families of children with Down syndrome. Provide recreational services for individuals with Down syndrome and their families. Different activities and programs offered. Spanish translation offered.

EASTER SEALS
710 W. Broadway Ave., Suite 710
Glendale, CA 91204
(818) 551 – 0128
http://www.easterseals.com


EMPOWER TECH
9100 S. Sepulveda Blvd., Suite 204
Los Angeles, CA 90045
(310) 338 – 1597
http://www.empowertech.org

Access to computer technology for persons with disabilities. Information and direct hands-on experience. Spanish translation offered.

FOOTHILL AUTISM ALLIANCE
6 Westmoreland Pl.
Pasadena, CA 91103
(818) 662 – 8847
http://www.foothillautism.org

A non-profit, all-volunteer organization of parents, professionals, and care-givers, dedicated to providing education, resources and support to the autism community. Free family resource meetings and various social events. English, Armenian and Spanish translation offered.
Deaf and hard of hearing (DHH) itinerant program serves students ages 8 to 22 years who are diagnosed as deaf or DHH.

One of 21 regional centers in California that serve people with or at-risk of, developmental disabilities and their families. A person is eligible for regional center services if he or she has developmental disability, is experiencing or is at-risk of developmental delay or disability, or is at high risk of parenting a disabled infant. Spanish, Chinese, Armenian and Korean translation offered.

Rental assistance for low income families, elderly, disabled and handicapped. Section 8 vouchers. Waiting list subject to closure. Waiting list currently closed to new applicants. Spanish and Armenian translation offered.

A Ninety-nine bed hospital serves ages 35+: ambulatory, non-ambulatory, and Alzheimer's.

116 bed center serving ages 60+: ambulatory, non-ambulatory.
GOODWILL INDUSTRIES
342 San Fernando Rd.
Los Angeles, CA 90031
(323) 223 – 1211
http://www.goodwillsocal.org

Serves physically, mentally, and emotionally disabled and other disadvantages such as illiteracy, homeless, former gang member, etc. Job training and placement PROGRAMS, career counseling, fully accredited high school, WIA, training in food services, janitorial, and retail. Welfare to Work training jobs. Center for Assistive Technologies, Metro North Resource Center, Career Advancement Center, Distance Learning Program., Goodwill High School, Career Evaluation Center Veterans Training program. Also provides Vintage Fashion show for business, club, or groups. Spanish translation offered.

GUIDE DOGS OF AMERICA
13445 Glenoaks Blvd.
Sylmar, CA 91342
(818) 362 – 5834
http://www.guidedogsofamerica.org

Guide Dogs of America is dedicated to its mission to provide guide dogs and instruction in their use, free of charge to blind and visually impaired men and women from the United States and Canada so that they may continue to pursue their goals with increased mobility and independence.

HOMES FOR LIFE FOUNDATION
8939 S. Sepulveda Blvd., Suite 460
Los Angeles, CA 90045
(310) 337 – 7417
http://www.homesforlife.org

Housing and support for adults with mental disorders. Case management, resident services coordinator. Service adults with chronic disabilities, homeless and low income. Sites located throughout L.A. County. Spanish and Tagalog translation offered.

IVY GLEN APARTMENTS
113 N. Cedar St.
Glendale, CA 91206-4453
(818) 241 – 3888

Affordable rental housing for disabled. Call for more information regarding the waiting list.
JOHN TRACY CLINIC  
806 W. Adams Blvd.  
Los Angeles, CA 90007  
(213) 748 – 5481  
http://www.jtc.org

Leading diagnostic and education center for young children with hearing loss. Family centered educational facility, serving deaf preschool children, birth - 5 years. For families in the L.A. area, services include audio logical, evaluation, parent and infant programs, preschool programs, parent classes and support groups and a three week intensive summer session. Locations throughout L.A. County. Spanish and Tagalog translation offered.

JUNIOR BLIND OF AMERICA  
5300 Angeles Vista Blvd.  
Los Angeles, CA 90043  
(800) 352—2290 Toll free  
(323) 295 – 4555  
http://www.juniorblind.org

Junior Blind offers specialized services to infants, children, teens and adults who are blind, visually impaired or multi-disabled all at no cost to families. Children’s services include a home-based infant program, special education school, residential program and after school program. Youth and adult services include a career-focused program for transition-age youth, assistive technology training, and a residential program for newly blind or low vision adults. Recreation programs include three-day education and a specialized camp servicing all mental health patients. All services provided are free of charge to families. Spanish translation offered.

MODERN SUPPORT SERVICES  
427 Colorado Blvd., Suite 101  
Glendale, CA 91204  
(855) 853 – 2300 Toll free  
(818) 244 – 2677  
Monday – Friday 9:00 a.m. – 5:00 p.m.  
http://www.modernsupportservices.org

Community based program serving individuals with developmental disabilities. Provide supported and independent living skills. Services include case management, education provided 24/7. Spanish, Armenian, Farsi, translation and Sign Language offered.
NATIONAL MULTIPLE SCLEROSIS SOCIETY
Southern California Chapter
5150 Goldleaf Circle # 400
Los Angeles, CA 90056
(310) 479 – 4456
http://www.nationalmssociety.org/

Services individuals and their families with MS Services include information and referral, special education seminars, short-term counseling, medical equipment loan, library, speakers, bureau, adaptive exercise program referral, job related workshops.

NORTH WEST GLENDALE LIONS CLUB
(818) 243– 4458
(818) 590– 9827
http://www.e-clubhouse.org/sites/glendalenw/contact.php

Offers programs designed to meet the hearing needs of low-income individuals. Provides no-cost audiologist assessment as well as cleaned, reconditioned and re-shelled hearing.

ORTHOPEDIC HOSPITAL LOS ANGELES
403 W. Adams Blvd.
Los Angeles, CA 90007
(213) 742 – 1000
Monday – Friday 7:00 a.m. – 10:00 p.m.
http://www.orthohospital.org

100 outpatient clinics for children with wide range of diagnosis: spinal bifida, scoliosis, cerebral palsy, bone tumor, arthritis, ontogenesis I perfectas, and muscle disease.

SAFETYNET WIRELESS
903 N. La Brea Ave
Inglewood, CA 90302
(818) 922 – 8391
(888) 900 – 8593 Toll free
http://www.safetynetwireless.com/

California Lifeline program provides government assistance qualified customers a SafetyNet wireless with no bills or contracts.
SOCIAL SECURITY ADMINISTRATION
Glendale District
225 W. Broadway # 600
Glendale, CA 91204
(800) 507 – 4728
Monday, Tuesday, Thursday, Friday 9:00 a.m. – 4:00 p.m., Wednesday 9:00 a.m. – 12:00 p.m.
https://www.ssa.gov/

Information on Social Security, SSI benefits, SS cards, Medicare benefits and sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese and Tagalog translation offered.

SPECIAL OLYMPICS SOUTHERN CALIFORNIA
1600 Forbes Way, Suite 200
Long Beach, CA 90810
(562) 502 – 1100
https://www.sosc.org/

This is the administration office for all of Southern California programs. Each county has many sports training programs and sporting events for children adults with intellectual disabilities. All athletes are welcome.
Age 2 - adult’s sports training programs year round. Minimum age is 8 years to compete and minimum age is 6 years to practice. Spanish translation offered.

TOBINWORLD
920 E. Broadway
Glendale, CA 91205
(818) 247 – 7474
Monday – Friday 8:30 a.m. – 5:00 p.m.
http://www.tobinworld.org

A non-profit school for youth diagnosed as severely emotionally disturbed, autistic or developmentally disabled. Provides academics and behavioral psychology grades 1-12th, independent skills program, self-sufficiency skills, field trips and special events. Armenian and Spanish translation offered.

VERDUGO VALLEY CONVALESCENT
2635 Honolulu Ave.
Montrose, CA 91020
(818) 248 – 6856

WHEEL CHAIR TENNIS INFORMATION LINE
Southern California Tennis Association
420 Charles Young Drive West
P.O. Box 240015
Los Angeles, CA 90024
(310) 208 – 3838
http://www.scta.usta.com

Information and referrals to junior and adult wheelchair tennis programs for disabled youth.
Domestic Violence, Adult Abuse & Battered Persons

ADULT PROTECTIVE SERVICES—L.A. County Community and Senior Services
2707 S. Grand Ave
Los Angeles, CA 90007
(888) 202 – 4248
(877) 477-3646
http://www.la4seniors.com

Crisis intervention for elderly and dependent adult abuse. If you know or suspect that an elderly person or a dependent adult is being abused physically, emotionally, or financially, or is being neglected by self or others, call the number above for assistance. Spanish translation offered.

ASCENCIA
1851 Tyburn St.
Glendale, CA 91204
(818) 246 – 7900
Monday, Tuesday, Wednesday, Friday 7:00 a.m. — 4:00 p.m., Thursday 7:00 a.m. — 2:00 p.m.
http://www.ascenciaca.org

Emergency shelter, access center, case management, transitional housing for homeless.

DOOR OF HOPE
http://www.doorofhope.us/

Reports for any adult abuse including disabled adults. Adult Protective

ELDER ABUSE UNIT OF LOS ANGELES COUNTY
600 E. Broadway, Room 280
Glendale, CA 91206
(877) 477 – 3646 Elder Abuse Hotline
(888) 202 – 4248
http://da.co.la.ca.us/seniors
http://css.lacounty.gov

Reports for any adult abuse including disabled adults. Adult Protective Services (APS) Central Intake.
DOMESTIC VIOLENCE REFERRAL SERVICES

Los Angeles County Domestic Violence Council
500 West Temple St., Room B-50
Los Angeles, CA 90012
(800) 799 – 7233 National Domestic Violence Hotline
(800) 978 – 3600 Los Angeles County Hotline
http://dvcouncil.lacounty.gov

Domestic Violence referral services (outreach, parenting, transitional housing, counseling, batterer’s treatment, VAWA). Community workshops and training referrals.

CLINICAL SOCIAL WORKER & THERAPIST

Clinical Social Worker & Therapist
1139 N. Brand Blvd., Suite A
Glendale, CA 91202
(323) 680 – 5925
https://therapists.psychologytoday.com/rms/name/Susan_E_Miller_LCSW_Glendale_California_59567

Licensed clinical social worker providing mental health services, serving adolescent ages 14 - 19, domestic violence, anger management counseling, senior multiple services, elder medication and parenting education. Private Insurance payment.

YWCA GLENDALE

YWCA Glendale
735 E. Lexington Dr.
Glendale, CA 91206
(818) 242 – 4155
(888) 999—7511   (24/7 Hotline)
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://glendaleywca.org

YWCA Glendale provides supportive services to survivors of domestic violence and their children. Services include 24/7 Hotline, emergency shelter, case management, legal help, individual and group counseling, homeless prevention and childcare. Education and outreach activities are also available to the greater Glendale community. Spanish and Armenian translation offered.
Eating Disorders & Food Addiction Services

FULLER PSYCHOLOGICAL SERVICES
180 N. Oakland Ave.
Pasadena, CA 91101
(626) 584 – 5555
(800) 235 – 2222
Monday – Thursday 8:00 a.m. – 4:00 p.m., Friday 8:00 a.m. – 5:00 p.m.
http://fuller.edu/fuller-psychological-and-family-services/

Outpatient services for children, teens and adults. Individual, couple, family, and group therapy. Eating disorder counseling.

PSYCHOTHERAPY OFFICES OF ABBE GOODMAN - Eating Disorders Treatment Program
2600 W. Olive St., Suite 500
Burbank, CA 91505
(818) 766 – 5663
(818) 599 – 5852
http://www.edreferral.com/states/818_area.htm#Burbank

Self-help support groups in Universal City area and including individual counseling referrals.

OVEREATERS ANONYMOUS PASADENA
P.O. Box 1108
Pasadena CA, 91102
(818) 352– 6389
(626) 319 – 0260
http://www.oafoothill.org

Self-help group patterned after Alcoholics Anonymous for over eating or food issues.
Emergency and Basic Needs Assistance

AMERICAN RED CROSS - Glendale, Crescenta Valley Chapter
1501 S. Brand Blvd. 
Glendale, CA 91204
(818) 243 – 3121
Monday – Friday 8:30 a.m. – 5:00 p.m.
http://www.redcross.org

First Aid and CPR training for individuals and businesses. Disaster Relief for children and adult victims of home fires or other catastrophes. Earthquake preparedness training for all ages. Spanish, Armenian and Russian translation offered.

ARMENIAN RELIEF SOCIETY
517 W. Glenoaks Blvd.
Glendale, CA 91202
(818) 500 – 1343
http://www.arswestusa.org

Employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assists with housing assistance. Walk-in or call. Armenian, Farsi, Arabic, French and Russian translation offered.

CATHOLIC CHARITIES COMMUNITY SERVICES—Glendale Loaves and Fishes
4322 San Fernando Rd.
Glendale, CA 91204
(213) 318 – 5707
http://catholiccharitiesla.org


LOS ANGELES COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICE
4680 San Fernando Rd.
Glendale, CA 91204
(866) 613 – 3777 Toll free
(818) 701 – 8200 Participant Help Line
http://dpss.lacounty.gov

Administration Center, CalWORKs. TANF, Medi-Cal, GR, food stamps, Refugee Assistance, Walk-in-or call.
LOS ANGELES REGIONAL FOODBANK
1734 E. 41st St.
Los Angeles, CA 90058-1502
(323) 234 – 3030
http://www.lafoodbank.org

Food bank for nonprofit agencies (no direct food distribution to needy). Items include: produce and canned goods.

SAFETYNET WIRELESS
903 N. La Brea Ave
Inglewood, CA 90302
(818) 922 – 8391
(888) 900 – 8593 Toll free
http://www.safetynetwireless.com/

California Lifeline program provides government assistance qualified customers a SafetyNet wireless with no bills or contracts.

SALVATION ARMY—Glendale Corps and Social Services
320 W. Windsor Rd.
Glendale, CA 91204
(818) 246 – 5586
Monday – Friday 11 a.m. – 3:00 p.m., Sunday 9:00 a.m. – 12:00 p.m.
http://www.glendalecorps.org

Emergency food, transitional shelter and clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish translation offered.

SOCIETY OF ST. VINCENT DE PAUL - Council of Los Angeles Inc.
210 N. Avenue 21
Los Angeles, CA 90031-1713
(323) 224 – 6287
http://www.svdpla.org

Lay Catholic organization whose members, all volunteers, work out of Catholic churches and Catholic-Korean centers.
Employment Placement and Job Training

AAA HOARDING AND BIO-HAZARD REMOVAL
847 Mobil Ave. Camarillo, CA 93010
(800) 818-6493
http://www.aaahoardingbiohazard.com
http://www.aaacrimescene.com


ARMENIAN RELIEF SOCIETY—Western Region USA
517 W. Glendoaks Blvd.
Glendale, CA 91202
(818) 500 – 1343
http://www.arswestusa.org

Employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing and emergency needs. Walk-in or appointment. Farsi, Armenian, Arabic, French and Russian translation offered.

CALIFORNIA DEPARTMENT OF REHABILITATION  Glendale and Burbank
425 W. Broadway, Suite 200
Glendale, CA 91204
(818) 551 – 2141
http://www.dor.ca.gov/

Assist people with all types of disabilities to retain employment and live independently. Services include: vocational rehabilitation training, education, transportation, job placement, assistive technology, deaf and hearing services, blind services and technical assistance. Spanish translation offered.

CAL JOBS – EMPLOYMENT DEVELOPMENT DEPARTMENT
(800) 758 – 0398 Toll Free
(818) 409 – 0476
(855) 716 – 3518 Spanish
http://www.edd.ca.gov/Jobs_and_Training/Services_for_Older_Workers.htm

California’s Internet system for linking employer job listings and job seeker resumes. Many professional, managerial, and technical workers who have unexpectedly found themselves out of work are now working together-helping each other find new employment opportunities through “job clubs” sponsored by EDD.
THE CAMPBELL CENTER
6512 San Fernando Rd.
Glendale, CA 91201
(818) 242 – 2434
http://www.thecampbell.org/

Formally GAR, dedicated to serving persons with developmental disabilities primarily related to mental retardation, cerebral palsy and epilepsy. Provides adults with developmental disabilities the opportunity through residential vocational and educational programs to achieve independence. Services are provided at Gar Services, a work training center. Alma House, David Gogian House, and Hamilton House, 3 group homes plus pastimes, a community integration program for senior clients. English, Spanish and Armenian translation offered.

THE DREAM CENTER
2301 Bellevue Ave.
Los Angeles, CA 90026
(213) 273 – 7000
(213) 273— 7100 Prayer Request Line
http://www.dreamcenter.org

Christian based outreach and community programs. Residential adult recovery. CA certified youth residential 12 - 17 years.

EMPLOYMENT DEVELOPMENT DEPARTMENT & JOB SERVICES
Workforce Services—Verdugo Job Center
1255 S. Central Ave.
Glendale, CA 91204
(818) 409 – 0476
Monday – Friday 8:00 a.m. – 5:00 p.m.
http://www.verdugojobscenter.org

Assist job seekers in job preparation, answer general EDD program questions (i.e. Unemployment Insurance), and assist employers with recruitment and job order placement as well as providing free job search. Services include Internet access, word processing, Interview Skills, Veterans workshops. English, Spanish, Armenian and Russian translation offered.

GLENDALE COMMUNITY COLLEGE EOPS
1500 N. Verdugo Rd.
Glendale, CA 91208
(818) 240 – 1000 Ext. 6900

Extended Opportunity Program and Services offers information and referral, counseling, Extended Opportunity Program grants, book vouchers, priority registration, tutoring, mentoring, student work program, emergency no interest loans, transfer fee waiver, CARE is a special Extended Opportunity Program and Services program for single parents (all ages) receiving government financial assistance and helps with childcare, gas cards and many other services. Program for youth 16 - 21 years emancipating from start care or seeking to live independent of their guardians. Spanish, Armenian, Farsi, Arabic, Russian, French and Korean translation offered.
Glendale Youth Alliance—Verdugo Job Center-GYA
1255 S. Central Ave
Glendale, CA 91204
(818) 937 – 8073
Monday - Friday 8:00 a.m. – 5:00 p.m.
http://www.glendaleyouthalliance.org

Glendale Youth Alliance was established in 1993 with a mission to provide jobs and employment preparedness training for at-risk youth ages 14 - 21. GYA operates six programs and serves a total of 450 youth every year. English, Spanish, Armenian and Italian translation offered.

Job Corps is a free education and training program that helps young people learn a career, earn a high school diploma or GED, and find and keep a job. For eligible youth 16 - 24 years of age Job Corp provides the all-around skills needed to succeed in a career and in life.

Provides youth mentoring, community outreach, promote education, career counseling, social skills and conversational English activates. Offers court ordered Anger Management classes while providing progress and court letters with certificate of completion. Additionally provides low cost Live Scan services. Armenian and Spanish translation offered.
Family Planning, Pregnancy and STDs

AIDS HEALTHCARE FOUNDATION
1300 N. Vermont Ave., Suite 407
Los Angeles, CA 90027
(888) 243 – 72273
(323) 662 – 0492
http://hivcare.org

Services to maximize health and well-being at all stages of HIV. Patients receive primary care from bilingual professionals. Access to full impatient and outpatient facilities. AHF Patients only may call (800) 797-1717. Spanish translation offered.

AIDS PROJECT L.A. RESIDENTIAL
Health and Wellness Center
3743 S. La Brea Ave.
Los Angeles, CA 90016
http://www.aplahw.org/

Information provided to persons living with HIV/AIDS and their families and to HIV/AIDS service providers assisting their clients in accessing housing. Services include: Health Care, HIV support, prevention and health education and capacity building and research. The program offer referrals to an array of housing related services and housing options in L.A. County, including housing, apartment listings, emergency shelters, transitional housing, residential programs, emergency housing and meal voucher programs, rental assistance programs, voicemail box services, prepaid phone cards. Spanish translation offered.

ALTAMED HEALTH SERVICES CORP - Daniel Lara HIV Clinic
5427 Whittier Blvd.
Los Angeles, CA 90022
(877) 462 – 2582
(323) 869 – 5448
http://www.altamed.org

Free medical and social services provided to those living with HIV or AIDS. Primary care, women’s health and children’s specialty, senior services, youth programs, dental, health education and chronic care support. Provides confidential testing and treatment, mental health, in home supportive services, food vouchers, prevention, education, housing and community outreach.
AVENUES PREGNANCY CLINIC
1911 W. Glenoaks Blvd., Suite A
Glendale, CA 91201
(818) 843 – 0424
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://avenuespregnancyclinic.com

Free pregnancy test and free ultra sounds. Abortion and after abortion information and counsel.
Ob-Gyn referral, STD referral, adoption referral, housing referral, and support group referrals for
moms. Spanish translation offered.

CHILDREN’S HOSPITAL LOS ANGELES
5000 W. Sunset Blvd., 4th Floor Suite 400
Los Angeles, CA 90005
(323) 361 – 2112
http://www.chla.org

Adolescent medicine include free comprehensive healthcare for youth ages 12-23 years living with
HIV, case management, individuals and group counseling, nutritional assessment, health education,
transportation assistance, clinical trials, outpatient psychiatric services. Risk Reduction Program
provides HIV counseling, testing and prevention services targeting young women and young men
with same sex partners. The Transgender Harm Reduction Program provides prevention case
management, mental health services, hormone treatment for transgender youth.

COVENANT HOUSE CALIFORNIA
1325 N. Western Avenue
Hollywood, CA 90027
(323) 461-3131
http://covenanthousecalifornia.org

104 bed crisis shelter and transitional program for youth. Shelter, HIV/AIDS education and
counseling, van outreach, case management, health services, mental health services, substance
abuse counseling and employment assistance. Spanish translation offered.

BURBANK HEALTH CENTER
916 W. Burbank Blvd. #M
Burbank, CA 91506
(800) 576—5544
http://www.plannedparenthood.org

Reproductive health care clinic. Pregnancy testing and counseling, educational programs, Pap
smears, STD testing and treatment, cancer screening, and birth control. Spanish translation offered.
EAGLE ROCK HEALTH CENTER
1578 Colorado Blvd.
Los Angeles, CA 90041
(800) 230 – 7526
(626) 798 – 0706
http://www.plannedparenthood.org

Reproductive health care clinic. Pregnancy testing and counseling, educational programs, Pap smears, STD testing and treatment, cancer screening, and birth control. Spanish translation offered.

FAMILY PLANNING ASSOCIATES MEDICAL GROUP
372 W. Arden Ave., Suite 200 and 202
Glendale CA, 91203
(818) 502 – 1341
http://www.fpawomenshealth.com

A presumptive eligibility screening. Early pregnancy testing. The Morning-After Pill, birth control, gynecological exam, information on methods, surgical, and non-surgical abortion, first trimester, dilation and curettage, general or local anesthesia, second trimester, dilation and extraction. Sterilization by tubal cauterization. Other services include family planning, gynecology, general health, sexual health and obstetrics. Spanish, Korean, Armenian, Russian, Chinese, Tagalog, Vietnamese, and Hmong translation offered.

FAMILY PLANNING CLINIC
372 W. Arden Ave., Suite 200 and 202
Glendale, CA 91203
(877) 883 – 7264
(818) 502 – 1341
http://www.fpawomenshealth.com

Provides primary healthcare and AIDS/STD testing. Spanish translation offered.

HEMOPHILIA FOUNDATION OF SOUTHERN CALIFORNIA
959 E. Walnut St., Suite 114
Pasadena, CA 91106
(800) 371 – 4123 Toll Free
(626) 765 – 6656
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://hemosocal.org

Information and referral services related to hemophilia, HIV/AIDS and hepatitis C, summer camp, youth program, adult support programs, emergency financial assistance, medic alert sponsorship, scholarships, information seminars, family retreats, holiday parties, and counseling referrals.
LA COMMUNITY HEALTH PROJECT – Clean Needles Now
626 N. Alvarado St.
Los Angeles, CA 90026
(213) 483 – 5846
(213) 483 – 5366
http://chpla.org/

Clean needles exchange services provided to HIV drug users at various locations throughout the County. Treatment referrals, medical care, legal advocacy.

MARCH OF DIMES BIRTH DEFECTS FOUNDATION
Southern California Chapter Programs Services
700 N. Brand Blvd. Suite 950
Glendale, CA 91203
(818) 539 – 2195
http://www.marchofdimes.com

Goal is to improve the health of babies by preventing birth defects, premature births and infant mortality. Supports campaign for healthier babies, programs of research, community services, education and advocacy. Grants, information and referrals, speaker’s bureau, visiting professorship in nursing, worksite programs including Babies and You. Spanish translation offered.

NECESSITIES OF LIFE FOOD BANK
611 S. Kingsley Dr.
Los Angeles, CA 90005
(213) 201 – 1600 Main Line
(213) 201 – 1500 Client Line
Monday 7:30 a.m. – 9:00 p.m., Tuesday – Thursday 7:30 a.m. – 10:00 p.m.,
Friday 7:30 a.m. – 8:00 p.m.
http://www.apla.org

Groceries provided to low income individuals living with HIV/AIDS. Also offer hygienic products, cleaning supplies, and one-on-one nutrition counseling. Accepts referrals from other AIDS services providers. Spanish translation offered.
NORTHEAST COMMUNITY CLINIC
5428 N. Figueroa St.
Los Angeles, CA 90042
(888) 311 – 6322
(323) 256 - 3884
Monday – Saturday 8:00 a.m. – 5:00 p.m.
http://neccmed.org

Family planning, birth control, free pregnancy testing and counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school and sports physicals, child illness, OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mammograms, ultrasounds, nutritionist, tattoo removal program, call for orientation. Spanish translation offered.

SABAN FREE CLINIC— THE HIV Testing & Counseling Services
8405 Beverly Blvd.
Los Angeles, CA 90048
(323) 653 – 1990 Appointment Line
Monday – Friday 7:30 a.m. – 8:00 p.m.
http://www.sabancommunityclinic.org

Services referrals, anonymous oral HIV testing with pre-and-post-test, dental care, health care services, mental health and social services, community outreach.
Financial, Budgets & Emergency Funds

COMMUNITY ENHANCEMENT SERVICES
Weatherization Department
401 S. Glenoaks Blvd., Suite 211
Burbank, CA 91502
(818) 563 – 9822
http://www.cesinla.com/contact.html

Energy conservation HEAP and weatherization programs designed for disabled, elderly and low income. Water conservation program provides free ultra-flow toilets to eligible residential customers. Furnace repair and replacement program.

GLENDALE FEDERAL CREDIT UNION
500 E. Wilson Ave.
Glendale, CA 91206
(818) 548—3976
(888) 456—2227 Financial Counseling
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://www.glendalefcu.org/

Discover Glendale Federal Credit Union.
We are a full service local financial institution that has been in Glendale for over 64 years providing our members with competitive products and services to fit their financial needs.
It’s easy to join. Come visit our friendly staff or give us a call.
Services include savings and checking accounts, auto loans at amazing low rates, investment services, personal and mortgage loans, financial counseling and much more.

JEWISH FREE LOAN ASSOCIATION
6505 Wilshire Blvd., Suite 715
Los Angeles, CA 90048
(323) 761 – 8830
Monday – Friday 9:00 a.m. – 4:30 p.m.
http://www.jfla.org

Offers interest-free loans on a non-sectarian basis to individuals and families whose needs are urgent and who may not qualify through normal financial resources. Interest-free loan fill an important gap in our social system by promoting dignity and self-sufficiency.
LIFE SERVICES INC.
P.O. Box 4097
Glendale, CA 91222
(818) 547 – 0585
http://www.lifeservicesinc.org/

Complete personalized care encompassing medical, financial, social, spiritual, and psychiatric needs for seniors 60+ years. Services include: life care planning, personalized care, professional conservatorship (a guardian), trust management, estate administration and referrals. Chinese and Spanish translation offered.

LOS ANGELES COUNTY ALIMONY—CHILD SUPPORT
Los Angeles County District Attorney
210 W. Temple Street
Los Angeles, CA 90012
(866) 901 – 3212

Opening a case, finding parents, establishing a legal parent-child relationship, establishing child and medical support orders, and enforcing support and orders at no or little cost to you.

LOS ANGELES COUNTY CHILD SUPPORT SERVICES - VAN NUYS DIVISION
7555 Van Nuys Blvd.
Van Nuys, CA 91405
(866) 901 – 3212
http://cssd.lacounty.gov/wps/portal/cssd

Establishes paternity and child support order, collect child and spousal payments, and modify orders and provide medical enforcement services. This office serves San Fernando Valley, Antelope Valley, Glendale, Burbank, West Los Angeles, Santa Monica and Venice. Spanish translation offered.

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES - GLENDALE
4680 San Fernando Rd.
Glendale, CA 91204
(866) 613 – 3777 Toll Free
(818) 701 – 8200
http://dpss.lacounty.gov

Administers CalWORKs, TANF, Medi-Cal, GR, food stamps, Refugee Assistance. Walk-in or call for appointment.
OPERATION HOPE INC.
707 Wilshire Blvd., 30th Floor
Los Angeles, CA 90017
(213) 489 – 7511
(213) 891 – 2900
http://www.operationhope.org/losangeles

Self-help organization. Promotes economic self-sufficiency within inner city communities. Banking On Our Future Program teaches students how banking, investments and credit works. Also home ownership program, credit counseling, banking centers.

SAFETYNET WIRELESS
903 N. La Brea Ave
Inglewood, CA 90302
(818) 922 – 8391
(888) 900 – 8593 Toll free
http://www.safetynetwireless.com/

California Lifeline program provides government assistance qualified customers a SafetyNet wireless with no bills or contracts.

SOCIAL SECURITY ADMINISTRATION Glendale District
225 W. Broadway., Suite 600
Glendale, CA 91204
(800) 772 – 1213 National Hotline
Monday – Friday 9:00 a.m. – 4:00 p.m.
https://www.ssa.gov/

Information on Social Security, SSI benefits, SS cards, Medicare benefits and sign-up, survivor and burial benefits. Armenian, Italian, Spanish, Vietnamese, Chinese, Tagalog translation offered.
Health Care & Medical

AIDS FOUNDATION (AFA) - Aid for Aids
7531 Santa Monica Blvd., Suite 201
West Hollywood, CA 90046
(323) 656 – 1107
Monday – Thursday 10 a.m. – 4:00 p.m., Friday 11:00 a.m. – 4:00 p.m.
http://alliancehh.org/aidforaids/

For those eligible with HIV and AIDS in Los Angeles County, we provide housing assistance, help paying rent and utilities, food and groceries, and a pharmacy program to help with some over-the-counter medications, vitamins, and nutritional supplements.

ALZHEIMER’S ASSOCIATION—California Southland
4221 Wilshire Blvd., Suite 400
Los Angeles, CA 90010
(800) 272 – 3900
(323) 938 – 3379
(844) 435 – 7259 24-Hour Helpline
Monday – Friday 9:30 a.m. – 4:00 p.m.
http://www.alz.org/socal

Information about disease and related disorders. Referral to day care, diagnostic centers, support groups, legal services, case management, home health agencies, physicians, nursing homes, etc. Educational events throughout the community for lay and professionals. Funding: donations, non-profit, foundations, grants. Spanish translation offered. Most services are free.

AMERICAN BREATH MOBILE ASSOCIATION
3435 Wilshire Blvd., Suite 350
Los Angeles, CA 90010
(323) 937 – 7859
http://www.labreathmobile.com/

The LAC+USC Breath mobile program is a comprehensive, mobile-based pediatric asthma disease management program that delivers asthma-specialty care to inner-city children at no costs to their families. It was created in 1995 as a collaborative effort to improve preventative asthma care for underserved children in Los Angeles County by providing local site team-based asthma care to decrease health disparities.
**AMERICAN CANCER SOCIETY**—Burbank Office  
500 N. Victory Blvd.  
Burbank, CA 91502  
(818) 905 – 7766  
Monday – Saturday 10 a.m. – 6:00 p.m., Sunday 11:00 a.m. – 4:00 p.m.  
[http://www.cancer.org](http://www.cancer.org)

Guidance, information and referrals for patients and families, support groups, medical equipment loans, transport to treatments, volunteer programs. Education prevention and risk reduction including nutrition, breast, colorectal, lung, prostate, and cervical health cancer. Tobacco education. Spanish, Korean, Chinese and Vietnamese translation offered.

**AMERICAN HEART ASSOCIATION and AMERICAN STROKE ASSOCIATION**  
816 S. Figueroa St.  
Los Angeles, CA 90017  
(213) 291 – 7000  
[http://www.heart.org](http://www.heart.org)

Provides education on the prevention and treatment of heart disease, stroke, and other cardiovascular diseases at schools, work sites, and in the community, including underserved and at-risk populations. It also offers professional education and training on best practices to treating cardiovascular diseases. In addition, the Association provides referrals to community-based CPR, First Aid training and AED (automated external defibrillator) training centers that meet the standards of the AHA. The association also offers resources and information on cardiovascular health. Spanish translation offered.

**AMERICAN LUNG ASSOCIATION**—Los Angeles Office  
3325 Wilshire Blvd., Suite 900  
Los Angeles, CA 90010  
(213) 384 – 5864  
[http://www.lung.org](http://www.lung.org)

The American Lung Association in California provides education and assistance to children and adults who are affected by lung disease such as asthma, lung cancer, and other chronic lung illnesses’. The American Lung Association in California helps people quit smoking and advocates for policies to ensure a legacy of healthy air and lungs for all Californians.
AMERICAN PARKINSON DISEASE ASSOCIATION
Greater Los Angeles Chapter
9854 National Blvd., Suite 165
Los Angeles, CA 90034
(877) 233 – 3277 Toll free
(310) 486 – 0153
http://www.apdaparkinson.org/

Services are for people with Parkinson’s disease, their families and caregivers, and include physician and services referrals, support groups, free educational materials and programs.

AMERICAN RED CROSS—Northern Valleys Chapter
1501 S. Brand Blvd.
Glendale, CA 91204
(818) 243 – 3121
info@arcglendale.org
http://www.redcross.org/ca/glendale

Disaster relief, First Aid, CPR, safety courses including disaster preparedness.

ARROYO VISTA FAMILY HEALTH CENTER—Highland Park
6000 N. Figueroa St.
Los Angeles, CA 90042
(323) 254 – 5221
Monday – Friday 8:00 a.m. – 7:00 p.m., Saturday 8:00 a.m. – 5:00 p.m.
http://www.arroyovista.org

Primary health care services: medical, dental, optometry, lab, x-ray, pharmacy, mammograms, parental care, pediatrics, adult medicine and podiatry. Medicare, Medi-Cal, sliding fee scale.

CANCER CONTROL SOCIETY—Alternative Therapies
2043 N. Berendo St.
Los Angeles, CA 90027
(323) 663 – 7801
Monday – Sunday 9:00 a.m. – 5:00 p.m.
http://www.cancercontrolssociety.com

Educational information on Alternative Therapies for cancer and other diseases. Features Annual Cancer Convention, Labor Day Weekend at the Sheraton Universal Hotel.
The Center for Health Care Rights assists Medicare beneficiaries with their questions about the Medicare program, health insurance questions, and any existing insurance coverage. Provides free telephone hotline and presentations throughout LA County. We do not sell insurance. Tagalog, Spanish, Korean and other languages translation offered.

Under the direction of Thomas Higgins, M.A., C.C.C., dedicated to give the professional services required to aid the patient in both the diagnostic and rehabilitation process of hearing tests and hearing aids. Consultations regarding hearing aids and hearing problems are encouraged, all insurance plans covered.

Glendale Unified School District families with at-risk youth, low socio-economic, homeless, foster, mental health, referrals, emergency food and tutoring services. Please call for more information. Services including: counseling, child care, education, case management, mentoring, shelter and housing. Spanish and Armenian translation offered.
CITY OF HOPE NATIONAL MEDICAL CENTER
630 S. Raymond Ave., Suite 220
Pasadena, CA 91105
(626) 218 – 9500
(800) 826 – 4673 Insurance
Monday – Friday 8:00 a.m. – 5:00 p.m.
http://www.cityofhope.org

City of Hope is a leading research, treatment, and education center for cancer, diabetes, and other life-threatening diseases. It is designed as a National Cancer Institute Comprehensive Cancer Center and is a founding member of the National Comprehensive Cancer Network.

COMPREHENSIVE COMMUNITY HEALTH CENTERS
801 S. Chevy Chase Dr., Suite 250
Glendale, CA 91205
(818) 265 – 2264
Monday – Saturday 8:00 a.m. – 7:00 p.m.
https://cchccenters.org/locations/glendale/

CCHC provides family practice, general medicine, pediatrics, women's health, family planning, preconception and prenatal care, chronic disease management, diagnostic and laboratory services, referrals. CCHC also provides dental and vision services. Health education classes and workshops are also available for our patients and the community. CCHC can also host workshops at community based organizations upon request. CCHC provides services for youth, seniors, families, developmentally disabled for health and mental health. They accept Medi-Cal and private insurance. Contact center for appointment. CCHC also has eligibility workers at each clinic assisting with Medi-Cal Covered CA and My Health LA enrollments.

CONVALESCENT AID SOCIETY
3255 E. Foothill Blvd.
Pasadena, CA 91107
(626) 793 – 1696
Monday, Wednesday – Friday 8:30 a.m. – 4:30 p.m., Tuesday 8:30 a.m. – 4:00 p.m.
http://www.cas1.org

Durable Medical equipment on loan for in-home use. In continuous operation since 1923, the Convalescent Aid Society provides assistance to residents needing durable medical equipment for in-home use at no charge and without time restraints.
GLENDALE ADVENTIST – COMMUNITY EDUCATION
1509 Wilson Terrace
Glendale, CA 91206
(818) 409 – 8100
http://www.glendaleadventist.orm

Heart check, comprehensive cholesterol screening and heart risk screening. Lamaze classes, family focus education, infant/toddler safety, maternity orientation, postnatal exercise, baby care basics.

GLENDALE COMMUNITY FREE HEALTH CLINIC
134 N. Kenwood St., Suite 330
Glendale, CA 91206
(818) 245 – 8109
1st and 3rd Tuesdays of each month 5:00 p.m. – 8:00 p.m.
http://www.glendaleclinic.org

Clinic is open only on Tuesdays from 5:00 p.m. to 8:00 p.m. By appointment, limited walk-ins accepted. Provides mammogram screenings for women under age 40. Prescription renewal requests may be called in at (818) 245 – 8109 until Saturday for Tuesday pickup.

GLENDALE HEALTH CENTER
501 N. Glendale Ave.
Glendale, CA 91206
(818) 500 – 5785
Monday – Friday 7:30 a.m. – 4:30 p.m.
https://dhs.lacounty.gov/wps/portal/dhs/glendale

LA County Public Health Center provides immunizations and testing for TB and treatment of TB. Flu shots are available as well. No charge for immunizations. Low cost for TB tests and x-rays. Spanish and Armenian translation offered.

GLENDALE HEALTHY KIDS
735 E. Lexington Dr.
Glendale, CA 91206
(818) 548 – 7931
(818) 568 – 0348
http://www.glendalehealthykids.org

Provides access to medical, dental and mental health services for kids 2 - 18. Services include vision and hearing. Clients must be low income and/or underinsured. Educational workshops provided in oral health, nutrition, and asthma. Armenian, Spanish and Korean translation offered.
GLENDALE MEMORIAL HOSPITAL & HEALTH CENTER
1420 S. Central Ave.
Glendale, CA 91204
(818) 502 – 1900
Open 24/7
http://www.glendalememorialhospital.org

Glendale Memorial Hospital is a 334-bed acute care community hospital. We are proud to offer quality services and programs, including our Heart Center, Colorectal Surgery Institute, Marcia Ray Breast Center, Women's Center, as well as orthopedics and spine surgery, rehabilitation, general surgery and emergency services. Spanish, Armenian, Korean and Tagalog translation offered.

L.A. CARE
1055 W. 7th St., 10th Floor
Los Angeles, CA 90017
(888) 452 – 2273
(213) 694 – 1250
Monday – Friday 8:00 a.m. – 5:00 p.m.
http://www.lacare.org

Call for information on general relief and Community Health Care Plan for L.A. County residents who are on Medi-Cal.

MAKE A WISH FOUNDATION
11390 W. Olympic Blvd. Suite 300
Los Angeles, CA 90064
(800) 322 – 9474
(310) 788 – 9474
http://wish.org

Volunteer opportunities dedicated to granting the wishes of children between the ages of 2 ½ to 18 years of age with a life threatening illness.

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY
1104 E. Chevy Chase
Glendale, CA 91205
(800) 433 – 6251
http://www.nlsla.org

Provides free legal services to low income such as housing, immigration, labor, consumer, family, and government benefits i.e.: food stamps, Social Security, Medicate, Medi-Cal related health care.
**NORTHEAST COMMUNITY CLINIC**
5428 N. Figueroa St.
Los Angeles, CA 90042
(888) 311 – 6322
(323) 256 – 3884
Monday – Saturday 8:00 a.m. – 5:00 p.m.
http://www.northeastcommunityclinics.com

Family planning, birth control, free pregnancy testing and counseling, confidential HIV testing, STD clinic, pediatrics, well baby exams, WIC, free immunizations, CHDP, school and sports physicals, child illness, prenatal, complete OB care, Medi-Cal eligibility worker on site; general medicine, diabetic screening, TB screening, mammograms, ultrasounds, nutritionist, Tattoo removal program. Spanish translation offered.

**PLANNED PARENTHOOD**
1578 W. Colorado Blvd.
Los Angeles, CA 90041
(626) 798 – 7266
Monday, Tuesday 8:30 a.m. – 4:30 p.m., Wednesday 11:00 a.m. – 7:00 p.m., Friday and Saturday 8:00 a.m. – 4:00 p.m.
http://www.pppsgv.org

Serving youth, families, developmentally disabled and ethnic based populations. Medi-Cal services include STI testing and treatment, birth control, HIV testing, Brest and cervical cancer screenings, HPV vaccine, emergency contraception, abortion care and pregnancy testing. Education services include sexual health education and professional development (staff and faculty training) Translation for all languages offered.

**STARLIGHT STARBRIGHT CHILDREN’S FOUNDATION**
400 Corporate Pointe, Suite 590
Culver City, CA 90230
(310) 479 – 1212
Monday – Thursday 8:30 a.m. – 5:30 a.m., Friday 8:30 a.m. – 1:00 p.m.
http://www.starlight.org

Community support group and resources to patients, parents and healthcare professional understand specific diseases and various related procedures.
STROKE ASSOCIATION OF SOUTHERN CALIFORNIA  
P.O. Box 2098  
Santa Monica, CA  90406  
(310) 575 – 1699  
http://www.strokesocal.org  

Support groups for stroke survivors and caregivers, phone helpline, home and hospital visitations, information and referral, literature available, volunteers needed.

THE CLINIC  
3834 S. Western Ave.  
Los Angeles, CA 90062  
(323) 730 – 1920  
Monday – Thursday 7:00 a.m. – 7:00 p.m., Friday 7:00 a.m. – 5:00 p.m.,  
Saturday 9:00 a.m. – 1:00 p.m.  
http://www.theclinicinc.org  

We provide high quality low-cost primary health care services at four locations to children, teens, and adults. Language translation offered.

URDC HUMAN SERVICES CORPORATION  
Bill Moore Community Health Clinic  
1460 N. Lake Ave., Suite 107  
Pasadena, CA 91104  
(626) 398 – 3796  

The Bill Moore Community Health Clinic is a state licensed community clinic which provides free or low cost primary health care services to low income and indigent children, adults and seniors.

USC VERDUGO HILLS HOSPITAL  
1812 Verdugo Blvd.  
Glendale, CA 91208  
(818) 790 – 7100  
http://www.uscvhh.org
High Risk Youth Programs

ASSISTANCE LEAGUE OF GLENDALE
314 E. Harvard St.
Glendale, CA 91205
(818) 247 – 4296
http://www.alglendale.org

Operation School Bell provides clothing, health kits and books for children in need in the Glendale District. Foster Friends provides supplies for children placed into Foster care. SAT Seminars provides instructors and study materials to help students prepare for the SAT examination. Scholarships to Glendale High School and Glendale Community College students.

BIG BROTHERS BIG SISTERS
6035 Woodman Ave.
Van Nuys, CA 91401
(800) 207 – 7567 Toll free
(213) 481 – 3611
http://bbbsla.org/

Mentorship program serving all of L.A. County.

BREAK THE CYCLE
6029 Bristol Pkwy, Suite 201
Culver City, CA 90230
(310) 286 – 3383
https://www.breakthecycle.org

Preventative education, advocacy and support on issues of dating and domestic violence. Spanish translation offered.

CASA LIBRE—FREEDOM HOUSE
845 S. Lake St.
Los Angeles, CA 90057
(213) 637 – 5814
(213) 388 – 8693
http://casa-libre.org

Casa Libre/Freedom house is a long term emergency shelter for minors without homes, including unaccompanied immigrant and refugee children. Spanish translation offered.
FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.

FRIDAY NIGHT LIVE—Los Angeles County Office of Education
9300 Imperial Highway
Downey, CA 90242
(562) 922 – 6111
http://fridaynightlive.org/

The California Friday Night Live Partnership (FNL) supports the successful implementation of the county programs that receive funding from the California Department of Health Care Services (DHCS). While there are a variety of programs and funding opportunities to support them, all programs share a common foundation—they are built on youth development principles and practices. From county to county, the organization that houses FNL programs may vary: county Mental Health, county Offices of Education, and non-profits all successfully house and support FNL programs. While all programs are youth driven and led, the focus or ages served may vary.

GLENDALE COMMUNITAS INITIATIVE
350 N Glendale Ave.
Glendale CA, 91206
(818) 477 – 0792

Personalized poverty recovery and prevention programs for individuals and families. Provides personal money management classes, job searches and legal seminars. Spanish translation offered.

JUVENILE ULTIMATUM SERVICE TRAINING
Youth & Family Services—City of Glendale
501 S. Pacific Ave
Glendale, CA 91204
(818) 937 – 7243

City of Glendale provides youth the opportunity to complete mandated community service hours through a balance and restorative justice, community service learning, community protection and competency development process.
LOS ANGELES CONSERVATION CORPS
570 W. Avenue 26, Suite 105
Los Angeles, CA 90065
(323) 343 – 8906
http://www.lacorps.org

Afterschool Programs, Tutoring and Mentoring that fosters education experience among students K - 8th grades.
In-class and pull out tutoring, afterschool and intercession education, enrichment activities.

OPTIMIST YOUTH HOMES AND FAMILY SERVICES
6957 N. Figueroa St.
Los Angeles, CA 90041
(323) 443 – 3175
(800) 454—5561 Foster Care
www.oyhfs.org

24-hour residential mental health treatment services for male adolescents ages 12 - 18 years. Main campus in Highland Park. 7 group homes in Los Angeles. Non-public school, mental health services foster family agency, adoptions and aftercare programs. Referrals through the courts. Limited private placements. Accredited by the Council on Accreditation. Spanish, Vietnamese, and Farsi translation offered.

PARENT TEEN SUPPORT GROUP—Daily High School
220 N. Kenwood
Glendale, CA 91026
(800) 367 – 8336 Crisis Line
Monday 7:00 p.m. Wednesday, Thursday ACTION Family Counseling Inc. 6:30 p.m.
http://actionfamilycounseling.com

A Parent and Teen Support Program created to offer each other support and practical solutions to problems. When parents are meeting, the teens attend an ACTION Teen Group. There groups are led by counselors experienced in working with young people. In addition to their weekly support groups, they provide the following services: Individual/Family Therapy, Low-Cost Drug Testing, immediate inpatient and outpatient referrals, emergency, crisis team, crisis intervention, and 24-Hour helpline. Free of charge.
ROSEMARY CHILDREN’S SERVICES
36 S. Kinneloa Ave., Suite 200
Pasadena, CA 91107
(626) 844 – 3033
http://www.rosemarychildren.org

Residential treatment and independent living programs teens, treatment foster care for ages 0 - 17 years, includes individual, group family counseling. Short-term emergency care, transfers clients to their school, family reunification, substance abuse program. Serves abused children and wards of the court. Accepts emotionally disturbed children. Referrals by Children’s Services and Probation Departments. Spanish translation offered.

SARGES COMMUNITY BASE, INC.
530 S. Lake Ave., Suite 852
Pasadena, CA 91101
(626) 797 – 4882
http://sargescommunitybase.org

Commit to Achieve Youth Boot Camp, specifically designed for youth form ages 7 - 17 years old. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self-development courses, and self-esteem building blocks and a host of business professional guest speakers.

WE CARE FOR YOUTH
P.O. Box 10399
Glendale, CA 91209
(818) 919 – 8896 Linda Maxwell
(818) 445 – 7979 Jose Quintanar
Bliss Unlimited
Burbank Town Center
201 E. Magnolia Blvd. #354
Burbank, CA 91502
http://wecareforyouth.org

Mentorship program through the use of employment services, professional career development and character building, life-skills and employment readiness training, and job placement. Bliss unlimited is a project we care for youth.
Homeless Resources & Programs

A COMMUNITY OF FRIENDS
3701 Wilshire Blvd., Suite 700
Los Angeles, CA 90010
(213) 480 – 0809
http://www.acof.org

Permanent affordable housing to homeless and mentally ill adults, and other special need populations. Some family units available. On-site residential service coordinators provide case management, advocacy and assistance with independent living skills to residents. Housing units located throughout L.A. Referrals are only accepted from service providers or case managers, client self-referrals not accepted.

ANGEL’S FLIGHT AT RISK YOUTH SERVICES
Catholic Charities
357 S. Westlake Ave.
Los Angeles, CA 90027
(213) 413 – 2311
http://www.catholiccharitiesla.org

Our shelter, a 16 bed facility serving ages 10 - 17 for up to 21 days. Services include: Individual, group and family counseling, telephone and crisis counseling, onsite community school accredited by the state of CA. Supervised recreation, emergency food and clothing, community outreach and so much more at no cost. Spanish translation offered.

ASCENCIA—Access Center
1851 Tyburn St.
Glendale, CA 91204
(818) 246 – 7900
http://www.ascenciaca.org

A one-stop shop for services for homeless individuals and families. Access Center for specialized care for addiction recovery, mental health, veterans services, employment assistance and housing resources. Case management, emergency shelter and information and referrals. 40 bed cases managed emergency shelter.
Through our comprehensive services of street outreach and residential programs and without supportive service, Covenant House California helps homeless youth ages 18 - 23 escape life on the dangerous streets, resolve their crisis situations, and develop goals and skills that ultimately lead toward self-sufficiency and independent living. English and Spanish translation offered.

Family Promise of the Verdugos is an organization that seeks to help homeless in Burbank, Glendale, North Hollywood, Pasadena, La Crescenta, and Eagle Rock. However, we do not limit ourselves to just those communities. We have served families from all over Los Angeles County. Our families are made up of at least one adult and one minor (under 18 years old).

Long-term Christian based transitional program. Single parents with children welcome. Address of program is confidential; above address is for administration. Call for information on space availability. Offers food, clothing, medical, dental, and mental health care.

Transitional residence for homeless women preparing to re-enter the mainstream, job training, counseling, referrals. Spanish and Vietnamese translation offered.
GRAMERCY PLACE SHELTER—Jewish Family Service of Los Angeles
3580 Wilshire Blvd., Suite 700
Los Angeles, CA 90010
(877) 275 – 4537 Central Access
(323) 761 – 8800
http://www.jfsla.org

Provides transitional housing for homeless families. The shelter houses up to 13 families at a time, who stay at the shelter up to 6 months. During their stay, adults and children receive extensive services including basic needs, case management, academics, job readiness and vocational assessment, referrals, tutoring. Must be referred by a caseworker.

HOMES FOR LIFE FOUNDATION
8939 S. Sepulveda Blvd., Suite 460
Los Angeles, CA 90045
(310) 337 – 7417
http://homesforlife.org

Housing and support for adults with mental disorders. Case management resident services coordinators. Sites located throughout L.A. County.

HOUSE OF RUTH—Los Angeles
P.O. Box 33288
Los Angeles, CA 90033
(323) 266 – 4139
http://www.losangeleshouseofruth.com

Shelter for homeless women with children. Spanish translation offered.

JOVENES INC.—Homeless Youth Access Center.
1208 Pleasant Ave.
Los Angeles, CA 90033
(323) 260 – 8035
http://www.jovenesinc.org

12 beds shelter for single men 18 - 24 years. Stay up to 90 days. Information and referral, counseling, art awareness, case management, transportation, meals, clothing and immigration orientation. Transitional housing stay is up to 18 months. Walk-in center. Spanish translation offered.
LAMP COMMUNITY—VILLAGE
526 S. Pedro St.
Los Angeles, CA 90013
(213) 488 – 9559
http://www.lampcommunity.org

47 bed transitional residential facility for the seriously mentally ill, age 18+ years. No limit on stay. Also recovery program for dual diagnosis including case management.

LOS ANGELES HOMELESS SERVICES AUTHORITY
Winter Shelter Program
811 Wilshire Blvd. 6th Floor
Los Angeles, CA 90017
(800) 548 – 6047 Hotline
(213) 683 – 3333
(213) 553 – 8488 TTY
http://www.lahsa.org

During cold months of year, provides locations and pick-up points for shelter. Spanish translation offered.

LOS ANGELES YOUTH NETWORK—LAYN
1853 Taft Ave.
Los Angeles, CA 90028
(323) 467 – 8466
http://layn.org

Shelter/drop-in program, outreach for youth, food, placement and referrals. Serves ages 12 - 17 years for a maximum 3 months.

MJB TRANSITIONAL RECOVERY INC.
11152 S. Main St.
Los Angeles, CA 90061
(323) 777 – 2491

NEW DIRECTIONS, INC.—Regional Opportunity Center
Homeless Veterans
11303 Wilshire Blvd., Bldg. 116
Los Angeles, CA 90073
(310) 914 – 5966 24-Hour Assistance
(310) 914 – 4045
https://ndvets.org/

156 bed residential program for chemically dependent homeless veterans. Detox 24 bed social model, also methadone and benzo discipline detox in coordination with other VA clinics, dual-diagnosis, homeless, and criminal justice system referral with no serious medical conditions requiring surgery. 6 month intensive, 6 month vocational rehabilitation. Vocational training, legal services, education (GED), family reunification services, parenting and anger management, aftercare, money management. Dual-diagnosis program (mild dual-diagnosis) with 43 beds for male veterans.

PEOPLE ASSISTING THE HOMELESS – PATH
Transitional Housing & Access Center
340 N. Madison Ave
Los Angeles, CA 90004
(323) 644 – 2216
(323) 644 – 2200 General Questions
http://www.epath.org/site/main.html

PATH is a transitional housing program for men, women, families and those with special needs. Each program consists of transitional beds, services and facilities geared to individual needs. Access program provides initial intake, needs assessment and referral services.

PUBLIC COUNSEL—Homelessness Prevention Law Project
610 S. Ardmore Ave.
Los Angeles, CA 90005
(213) 385 – 2977
Monday – Friday 9:00 a.m. – 5:15 p.m.
http://www.publiccounsel.org

Public Counsel provides representation to over 15,000 homeless individuals and families before administration agencies to secure shelter, clothing, food and other vital benefits. Also provides direct legal services to the growing homeless and at-risk youth population, and acts as a resource to service providers working with such homeless youth. Provides service for multi-violation tickets. Project is sponsored by L.A. County and Beverly Hills Bar Association. Spanish translation offered.
THE SABAN FREE CLINIC—Mental Health & Social Services
8405 Beverly Blvd.
Los Angeles, CA 90048
(323) 653 – 1900 Appointment Line
Monday – Thursday 7:30 a.m. – 8:00 p.m., Friday 7:30 a.m. – 4:00 p.m.
Monday – Thursday 8:00 a.m. – 3:00 p.m. (Shower facilities and clothing)
http://www.sabancommunityclinic.org

Case management, information and social services referrals. Free medical and dental services offered to the public. Crisis intervention counseling up to a maximum of 6 visits. Call or walk in for screening.

SAFETYNET WIRELESS
903 N. La Brea Ave
Inglewood, CA 90302
(818) 922 – 8391
(888) 900 – 8593 Toll free
http://www.safetynetwireless.com/

California Lifeline program provides government assistance qualified customers a SafetyNet wireless with no bills or contracts.

SALVATION ARMY—Glendale Corps & Social Services
320 W. Windsor Rd.
Glendale, CA 91204
(818) 246 – 5586
Monday – Friday 8:30 a.m. – 4:30 p.m.
http://www.glendalecorps.org

Emergency food, transitional shelter and clothing. Utility payment assistance when funds are available. Walk-in or call. Spanish translation offered.

SHELTER PARTNERSHIP, INC.
520 S. Grand Ave., Suite 695
Los Angeles, CA 90071
(213) 688 – 2188
http://www.shelterpartnership.org

Technical assistance to shelters and groups intersected in developing emergency, transitional and permanent housing and resources to the homeless of L.A. County. Distribution of donated products (nonfood) to nonprofit agencies providing free shelter to the homeless through Shelter Resource Bank. Public policy support to government agencies, foundations, etc. Also statistics and general information on homelessness. Spanish translation offered.
SKID ROW HOUSING TRUST
1317 E. 7th. St.
Los Angeles, CA 90021
(213) 683 – 0522
http://www.skidrow.org

Low income permanent housing in 18 Single Residence Occupancy hotels, targeting single men and woman especially those with special needs (HIV, mental illness, substance abuse, and dual-diagnosis). Some units require participation in case management, some are Section 8, GR or Market Rate and services are available but not required. Other services include needs assessment, support groups for substance abuse recovery. HIV education, benefits advocacy, job readiness. Spanish translation offered.
Housing Assistance

ALTERNATIVES FOR SENIORS
(888) 932 – 7747
BROOKDALE GLENDALE
426 Piedmont Ave.
Glendale, CA 91206
(866) 570 – 9162
WINDSOR MANOR
1230 E. Windsor Rd.
Glendale, CA 91205
(877) 765 – 0575
https://www.alternativesforseniors.com

Information specialists committed to helping families based on their personal needs, find appropriate level of care and planning on future housing and placement moves. Senior housing.

BET TZEDEK LEGAL SERVICES
3250 Wilshire Blvd., 13th Floor
Los Angeles, CA 90010
(323) 939 – 0506
http://www.bettzedek.org

Provides free legal services to low income individuals and families on civil matters including landlord/tenant eviction defense, wage and hour claims and employment rights, public benefits, social security and SSI, Medi-Cal, elder law, California powers of attorney for Health Care, simple wills, conservatorships, guardianships, Holocaust reparations, nursing home issues, debtors rights, Chapter 7 bankruptcies, foreclosure preventions, and In-Home supportive services (IHSS). Multiple languages translation offered.

BROADVIEW RESIDENTIAL CARE CENTER
535 W. Broadway
Glendale, CA 91204
(818) 246 – 4951

Assisted living housing for adults 65+ with disabilities.
CITY OF GLENDALE COMMUNITY DEVELOPMENT
Senior Housing Projects
141 N. Glendale Ave., Suite 202
Glendale, CA 91206
(818) 548 – 3936
Monday – Friday 8:00 a.m. – 5:00 p.m.
http://www.glendaleca.gov/government/departments/community-development/housing

Affordable housing projects for seniors subject to waiting list. Visit or call for current list of these developments.

COMMUNITY ARMS
169 E. Orange Grove Blvd.
Pasadena, CA  91103
(626) 796 – 8196

Affordable rental multi-family, Section 8, seniors 62+ years. Call to confirm waiting list status.

EMERALD CITY ASSISTED LIVING
205 E. Los Feliz Rd.
Glendale, CA 91205
(818) 241 – 2273

Assisted living housing for adults 60+ with disabilities.

GLEN PARK EAST
1250 Boynton St.
Glendale, CA 91205
(800) 495 – 5005 Toll free
(818) 246 – 9000
http://glenparkhealthyliving.com/

Assisted living housing for adults 62+ with disabilities.

GLEN PARK WEST
1220 Mariposa St.
Glendale, CA 91205
(800) 495 – 5005
http://glenparkhealthyliving.com/

Assisted living housing for adults with disabilities.
GLEN TERRA  
917 N. Louise St.  
Glendale, CA 91207  
(818) 291 – 9220  
http://www.glenterraassitedliving.com

Assisted living housing for elderly with disabilities.

GLENDALE HOUSING AUTHORITY  
HUD Section 8 Rental Vouchers  
141 N. Glendale Ave., Suite 202  
Glendale, CA 91206  
(818) 548 – 3936  
http://www.glendaleca.gov/government/departments/community-development/housing/housing-section-8-program

Rental assistance for low income families, elderly, disabled and handicapped. Section 8 vouchers, waiting list subject to closure, currently closed for new applicants.  
Meeting time: Every Tuesday, 3:00 pm. Location: Council Chambers, 613 E. Broadway Ave.

HAMILTON HOUSE  
739 W. Glenoaks Blvd  
Glendale, CA 91202  
(818) 502 – 9188

Assisted living housing for adults 18+ with disabilities.

HOUSING RIGHTS CENTER—Jackie Robinson Center  
1020 N. Fair Oaks Ave.  
Pasadena, CA 91103  
(800) 477 – 5977 Toll free  
(626) 791 – 0211  
http://www.hrc-la.org

Provides a wide array of programs and services to its clients free of charge. Investigates allegations of housing discrimination. Case resolution includes mediation, conciliation, a referral to State and Federal Admin. Agencies, or HRC Litigation Department Outreach and education, landlord and tenant counseling, advocacy available in Spanish, Mandarin, Armenian, Russian, Cantonese, and English.
IVY GLEN APARTMENTS  
113 N. Cedar St.  
Glendale, CA 91206  
(818) 241 – 3888  
http://section-8-housing.credio.com/l/15818/Ivy-Glen-Apartments

Affordable rental housing for disabled. Call for more information and waiting list.

LOS ANGELES FAMILY HOUSING  
7843 Lankershim Blvd.  
North Hollywood, CA 91605  
(818) 982 – 4091  
(800) 731 – 4669 Referrals  
http://www.lafh.org

Helps homeless families and individuals rebuild their lives through a system of temporary shelter, affordable housing development and comprehensive social services.

LEISURE VALE RETIREMENT HOTEL  
413 E. Cypress St.  
Glendale, CA 91205  
(818) 244 – 2323  
https://sites.google.com/site/leisurevaleretirementfacility

Assisted living housing for seniors.

MARTEL PARK—Thomas Safran & Associates  
925 N. Martel Ave.  
Los Angeles, CA 90046  
(323) 874 – 7999  
http://www.tsahousing.com/affordable_housing.php?property=1066&name=Martel_Park

Rental housing for seniors, Section 8, low income, ages 62+. Call waiting list status.

MENORAH HOUSING FOUNDATION  
Madison Avenue Senior Housing  
1151 Madison Ave.  
Los Angeles, CA 90029  
(310) 475 – 6083

Rental housing for seniors, Section 202, low income, age 62+
NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY
1102 E. Chevy Chase
Glendale, CA 91205
(800) 433 – 6251
http://www.nlsl.org

Provides free legal services to low income such as housing, immigration, labor, consumer, family, and government benefits i.e.: food stamps, Social Security, Medicate, Medi-Cal related health care.

NEW LIFESTYLES GUIDE
4144 North Central Expressway, Suite 1000
Dallas, TX 75204
(800) 869 – 9549
(877) 881 – 7907
http://www.newlifestyles.com/

Provides free directories of senior housing and care options including retirement communities, assisted living, residential care, Alzheimer’s and Dementia care, SNF, home care and Hospice.

SUNSET NORMANDIE TOWERS
428 N. Normandie Ave.
Los Angeles, CA 90004
(323) 663 – 0423

Affordable rental housing for seniors, Section 8, call for waiting list. Low income

SWANSEA PARK APARTMENTS
1015 N. Kingsley Dr.
Los Angeles, CA 90029
(213) 738 – 7389
http://section-8-housing.credio.com/i/34074/Swansea-Park-Senior-Apartments

Affordable rental housing for ages 62+ (Project Section 8) low income. 2 to 5 year waiting list. Call for status on waiting list.

VICTOR ROYALE ADULT RESIDENTIAL LIVING
120 E. Laurel St.
Glendale, CA 91205
(818) 243 – 7442
http://victorroyale.com/

Assisted living housing for adults 50+ with disabilities and seniors.
WINDSOR MANOR
1230 E. Windsor Rd.
Glendale, CA 91205
(747) 800 – 4941
(818) 861 – 6683
http://www.thebegrupo.com/communities/windsor

Assisted housing for seniors needing independent living, assisted living and skill nursing for seniors ages 62+
Immigration Services

CATHOLIC CHARITIES GLENDALE COMMUNITY CENTER
4322 San Fernando Rd.
Glendale, CA 91204
(213) 318 – 5707
http://www.catholiccharitiesla.org

Immigration Services to assist clients apply and complete citizenship process. Offers life skills workshops, employment services, senior services, nutrition training, microenterprise development and home based childcare training to refugees, asylees, and human trafficking survivors.

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY
1102 E. Chevy Chase Dr.
Glendale, CA 91205
(800) 433 – 6251
http://www.nlsla.org

Provides free legal services to low income such as housing, immigration, labor, consumer, family and government benefits i.e.: food stamps, Social Security, Medicare, Medi-Cal related health care.

U.S. CITIZENSHIP & IMMIGRATION SERVICES
625 N. Maryland Ave.
Glendale, CA 91206
(818) 937 – 2868 Spanish
(818) 937 – 2866 Armenian, Farsi
(818) 937— 2867 English
http://www.uscis.gov/citizenship

Is a federal agency that oversees lawful immigrations to the United States. Provide citizenship, immigration of family members, working in the U.S., verifying an individual’s legal right to work in the United States, humanitarian programs, adoptions, and civic integration services.
Legal Assistance Services

COMMUNITY SERVICE OFFICE—I Glendale Courthouse
600 E. Broadway, Suite 111
Glendale, CA 91205
(818) 500 – 9552
http://www.lacourt.org/courthouse/info/directory/gln

Court referral and juvenile delinquency prevention program.

HOUSING RIGHTS CENTER—Fair Housing Services
3255 Wilshire Blvd., Suite 1150
Los Angeles, CA 90010
(800) 477 – 5977 Toll free
(213) 201 – 0867 TTY
http://www.hrc-la.org

Nonprofit that provides information and counseling regarding landlord and tenant issues. Investigates housing discrimination complaints. Offers monthly vacancy listings. Fair housing counseling and educational services. Mediation program for Pasadena residents. Call for walk-in clinic hours. Spanish, Mandarin, Korean, Armenian, Russian translation offered.

INTERNATIONAL RESCUE COMMITTEE
625 N. Maryland Ave.
Glendale, CA 91206
(818) 937 – 2867
(818) 550 – 6220
http://www.rescue.org

IRC LA focuses on the immediate needs of refugees and asylums. IRC provide intensive case management services, job placement, financial literacy, immigration services, referrals to mainstream service providers and other support needed to help refugees achieve early self-sufficiency citizenship. Arabic, Armenian, Bosnian, Farsi, French, Russian and Spanish translation offered.

LOS ANGELES COUNTY PUBLIC DEFENDER’S OFFICE—GLENDALE
600 E. Broadway, Suite 170
Glendale, CA 91205
(818) 500 – 3561
http://pview.findlaw.com/view/1061984_1

The Public Defender is a law office established and funded by the County of Los Angeles. The attorneys and other staff employed by the office render legal services to individuals who are accused of public offenses, and who cannot afford to retain the services of a private attorney. Also represent any person under the age of 18 who is facing juvenile delinquency proceedings, or regarding whom the state has instituted warship proceedings because of habitual truancy or incorrigibility.
LOS ANGELES COUNTY SUPERIOR COURT—GLENDALE
600 E. Broadway
Glendale, CA 91206
(818) 265 – 6497 Civil
(818) 265 – 6498 Criminal
(818) 265 – 6499 Traffic
http://www.lacourt.org/courthouse/info/GLN

Civil/Small Claims, criminal matters, traffic call numbers above. Armenian, Spanish translation offered.

NEIGHBORHOOD LEGAL SERVICES OF LOS ANGELES COUNTY —GLENDALE
1104 E. Chevy Chase Dr.
Glendale, CA 91205
(800) 433 — 6251 Legal Assistance
(800) 896 — 3203 Health Consumer Center
http://www.nlsla.org/

NLSLA services include Housing, Health, Economic Security and Access to Justice legal matters.

ROOT & REBOUND
1730 Franklin St. Suite 300
Oakland, CA 94612
(510) 279 – 4662
http://www.rootandrebound.org
Monday – Friday 9:00 a.m. – 5:00 p.m.

Free civil legal services for persons in reentry from incarceration and/or with criminal records who need assistance navigating legal barriers to housing, employment, getting ID, voting, education, family law matters, immigration, government benefits, parole or probation. Note: services available to anyone in CA or seeking assistance on CA legal barriers. Spanish translation offered.

YWCA GLENDALE
735 E. Lexington Dr.
Glendale, CA 91206
(818) 242 – 4155
(888) 999—7511  (24/7 Hotline)
Monday – Friday 9:00 a.m. – 5:00 p.m.
http://glendaleywca.org

YWCA Glendale provides supportive services to survivors of domestic violence and their children. Services include 24/7 Hotline, emergency shelter, case management, legal help, individual and group counseling, homeless prevention and childcare. Education and outreach activities are also available to the greater Glendale community. Spanish and Armenian translation offered.
Mental Health

ARK FAMILY CENTER
135 S. Jackson St., Suite 102
Glendale, CA 91205
(888) 800 – 3290 Toll free
(818) 662 – 7045
http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also offer hypnotherapy services for test anxiety, phobias, quit smoking, weight loss. English, Armenian and Farsi translation offered. Call for an appointment.

CATHOLIC CHARITIES
4322 San Fernando Rd.
Glendale, CA 91204
(818) 409 – 3080
http://www.catholiccharitiesusa.org

Emergency assistance and case management, immigration and citizenship services, and youth services.

DIDI HIRSCH—Mental Health Services
1540 E. Colorado Blvd.
Glendale, CA 91205
(818) 244 – 7257
(310) 390 – 8896 Intake Line
Hours:Monday – Thursday 8:30 a.m. – 8:00 p.m., Friday 8:30 a.m. – 5:00 p.m.
http://www.didihirsch.org

Provides individual and family mental health therapy, case management and substance abuse services for youth, seniors, and families and developmentally disabled on an outpatient basis. Home based and school based services also available. Medi-Cal accepted at no cost. Armenian and Spanish translation offered.

FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.
FULLER PSYCHOLOGICAL SERVICES
180 N. Oakland Ave.
Pasadena, CA 91182
(800) 235—2222
(626) 584 – 5200
http://fuller.edu/fuller-psychological-and-family-services/

Outpatient services for children, teens and adults. Individual, couple, family and group therapy. Eating disorders counseling.

INSTITUTE FOR MULTICULTURAL COUNSELING
121 W. Lexington Dr., Suite 300
Glendale, CA 91203
(818) 240 – 4311
http://imces.org

Court approved domestic violence, anger management, and parenting classes. Individual, group counseling and professional training. $20 per class.

 LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH
(800) 854 – 7771 Access Center 24/7 Help line
(562) 651-2549 TDD
http://dmh.lacounty.gov/wps/portal/dmh

24-hour Mental Health Hotline for referral to mental health services to Medi-Cal and non-Medi-Cal recipients any place in L.A. County. Outpatient and inpatient programs and 24-hour crisis intervention services. Operated by the L.A. County Department of Mental Health. Operates year round as a crisis line and during a disaster it serves as the Mental Health Hotline. Spanish translation offered.

CLINICAL SOCIAL WORKER & THERAPIST
1139 N. Brand Blvd., Suite A
Glendale, CA 91202
(323) 680 – 5925

Licensed social worker providing mental health services, domestic violence, anger management counseling, senior multiple services, elder medication and parenting education. Private Insurance payment.
PACIFIC CLINICS
237 N. Central Ave.
Glendale, CA 91203
(818) 547 – 9544 Intake Line
http://www.pacificclinics.org

Pacific Clinics provides school, home and office based mental health services. All ages services work with children and families, in addition a small adult service outpatient program. PCHW also provides services in counseling, case management and substance abuse. Armenian, Spanish and Farsi translation offered. Call for an appointment.

PACIFIC CLINICS HEAD START & EARLY HEAD START
2500 E Foothill Blvd. Suite 408
Pasadena, CA 91107
(818) 949 – 0019
Monday - Friday 9:00 a.m. – 5:00 p.m.
http://www.pacificclinics.org
headstart@pacificclinics.org

Pacific Clinics Head Start and Early Start is a Birth – 5 years old child development program designed to meet educational, social, emotional, health and nutritional needs for enrolled children and families. Serving low income families. Spanish, Armenian, Russian and Chinese translation offered.

PASADENA MENTAL HEALTH
1495 N. Lake St.
Pasadena, CA 91104
(626) 798 – 0907
http://www.pmhcenter.org

Provides multi-services, parent education classes, group counseling, and court ordered clients accepted.

PEDIATRIC PSYCHOLOGY PROGRAM—Children’s Hospital
4650 Sunset Blvd., M.S. #53
Los Angeles, CA 90027
(323) 361 – 7791
http://www.chla.org

Consists of outpatient and hospital based services that provide support and intervention to children and families who are experiencing difficulties coping with a medical condition.
Wellness Works welcomes service men and women, active duty and veterans, family members and close friends. They are committed to relieving the lingering stress and suffering that military duty often brings to families. Services include acupuncture, cranial sacral therapy, massage therapy and self-empowerment wellness exercises. Call for an appointment.
Mentoring-Motivational Youth Programs

ARK FAMILY CENTER
135 S. Jackson St., Suite 102
Glendale, CA 91205
(888) 800 – 3290 Toll Free
(818) 662 – 7045
http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also offer hypnotherapy services for test anxiety, phobias, quit smoking, weight loss. English, Armenian and Farsi translation offered. Call for an appointment.

ARMENIAN GENERAL BENEVOLENT UNION
Generation Next Mentorship Program
2495 E. Mountain St.
Pasadena, CA 91104
(626) 794 – 7942
http://www.agbugennext.org/

Provide year-round mentoring for Armenian youth between the ages of 11 - 14. Youth can continue in the program until age 18. Youth are paired with volunteer adult members who work with them for at least a period of one year.

GLENDALE COMMUNITAS INITIATIVE
350 N Glendale Ave., Suite B265
Glendale CA, 91206
(818) 477 – 0792

Personalized poverty recovery and prevention programs for individuals and families. Provides personal money management classes, job searches and legal seminars. Spanish translation offered.
The California Friday Night Live Partnership (FNL) supports the successful implementation of the county programs that receive funding from the California Department of Health Care Services (DHCS). While there are a variety of programs and funding opportunities to support them, all programs share a common foundation—they are built on youth development principles and practices. From county to county, the organization that houses FNL programs may vary: county Mental Health, county Offices of Education, and non-profits all successfully house and support FNL programs. While all programs are youth driven and led, the focus or ages served may vary.

**TURNING NEW CORNERS**
1525 Orange Grove Ave.
Glendale, CA 91205
(818) 550 – 8329
http://www.manta.com/c/mmd8nvn/turning-new-corners

Provides youth mentoring, community outreach, promote education, career counseling, social skills and conversational English activates. Offers court ordered Anger Management classes while providing progress and court letters with certificate of completion. Additionally provides low cost Live Scan services. Armenian and Spanish translation offered.

**SARGES COMMUNITY BASE, INC.**
530 S. Lake Ave., Suite 852
Pasadena, CA 91101
(626) 797 – 4882
http://sargescommunitybase.org

Commit to Achieve life skills training camp, specifically designed for youth form ages 5 - 15. It is an extensive boot camp held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self-development courses, and self—esteem building blocks and a host of business professional guest speakers.
Parenting Education

ACTION PARENT TEEN SUPPORT GROUP
Allen F. Daily High School
220 N. Kenwood St. Room 104
Glendale, CA 91206
(800) 367 – 8336 / 24-Hour Helpline
Monday 7:00 p.m. – 9:00 p.m.
http://actionfamilycounseling.com/resources/action-family/support-group-meetings

Provides free weekly support groups for parents and teens. We offer support to families dealing with drug or alcohol problems. We also provide information and referrals

ARK FAMILY CENTER
135 S. Jackson St. Suite 102
Glendale, CA 91205
(818) 662 – 7045
http://www.arkfamilycenter.org

Provide Therapy/Counseling services for youth, adults, and professionals. Provide one-on-one life coaching, stress management, mood management services. Provide educational and motivational seminars for teens for increasing confidence levels, learn better communication, mood management, and conflict resolution. We also offer hypnotherapy services for test anxiety, phobias, quit smoking, weight loss. English, Armenian and Farsi translation offered. Call for an appointment.

DIDI HIRSCH—Mental Health Services
1540 E. Colorado Blvd.
Glendale, CA 91205
(818) 244 – 7257
(310) 390 – 8896 Intake Line
Hours: Monday – Thursday 8:30 a.m. – 8:00 p.m., Friday 8:30 a.m. – 5:00 p.m.
http://www.didihirsch.org

Provides individual and family mental health therapy, case management and substance abuse services for youth, seniors, and families and developmentally disabled on an outpatient basis. Home based and school based services also available. Medi-Cal accepted at no cost. Armenian and Spanish translation offered.
FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.

FOOTHILL SELPA
223 N. Jackson St.
Glendale, CA 91206
(818) 246 – 5378
https://www.gusd.net/Domain/3266

Parenting education classes. Languages include Spanish, Korean and Armenian.

GLENDALE COMMUNITY COLLEGE
1500 N. Verdugo Rd.
Glendale, CA 91208
(818) 240 – 1000
http://www.glendale.edu

Offers evening classes for parents on positive parenting for all ages. Free of charge.

GLENDALE COMMUNITAS INITIATIVE
350 N Glendale Ave., Suite B265
Glendale CA, 91206
(818) 477 – 0792

Personalized poverty recovery and prevention programs for individuals and families. Provides personal money management classes, job searches and legal seminars. Spanish translation offered.

GLENDALE UNIFIED SCHOOL DISTRICT—Child Welfare and Attendance
223 N. Jackson St., Room 101
Glendale, CA
(818) 241 – 3111 Ext 1308
http://www.gusd.net/Page/347

Glendale Unified School District mission is to improve lives of students and their families in need by providing social emotional, academic and assist families with basic needs such as food, bus passes/tokens and shoes.
INSTITUTE FOR MULTICULTURAL COUNSELING
121 W. Lexington Dr., Suite 300
Glendale, CA 91203
(818) 240 – 4311
http://imces.org

Court approved domestic violence, anger management, and parenting classes. Individual, group counseling and professional training. Languages include Armenian, Farsi, Persian, Spanish and Korean.

SARGES COMMUNITY BASE, INC.
530 S. Lake Ave., Suite 852
Pasadena, CA 91101
(626) 797 – 4882
http://sargescommunitybase.org

It is an extensive boot camp for youth held during or after school hours and every Saturday for six months. Core components include academics, anger management, discipline drills, drug and alcohol prevention, gang prevention and intervention, leadership training, life skills, mentoring, physical training and conditioning, self-development courses, and self-esteem building blocks. Parents also learn “tough love” concepts through an extensive parenting education course through the Parent Project Program.
Public Library

ADAMS SQUARE LIBRARY CONNECTION GLENDALE PUBLIC LIBRARY
1100 E. Chevy Chase Dr.
Glendale, CA 91205
(818) 548 – 3833
http://www.glendaleca.gov/government/departments/library-arts-culture/locations-hours/library-connection-adams-square

Free WIFI and computers for internet browsing. Collections include DVDs, videogames, books and periodicals, and online databases. Programming for children and adults English, Armenian translation offered.

BRAND ART AND MUSIC GLENDALE PUBLIC LIBRARY
1601 W. Mountain St.
Glendale, CA 91201
(818) 548 – 2051
http://www.brandlibrary.org

Recital hall available for music recitals only. Copier videos, records, CDs, long play records, books. Music collection including sheet music and scores, piano rolls, etc. Also house and Art Gallery, 4 exhibit per year featuring Southern California Artists.

CASA VERDUGO GLENDALE PUBLIC LIBRARY
1151 N. Brand Blvd.
Glendale, CA 91202
(818) 548 – 2047
http://www.glendaleca.gov/government/departments/library-arts-culture/locations-hours/casa-verdugo-library

Facility includes community room, free WIFI and computers for internet browsing. Collections include: DVDs, books and periodicals, large type books, and online databases. Programming for children. English, Vietnamese translation offered.

CENTRAL GLENDALE PUBLIC LIBRARY
222 E. Harvard St.
Glendale, CA 91205
(818) 548 – 2030
http://www.glendaleca.gov/government/departments/library-arts-culture/locations-hours/central-library

Largest facility of the Glendale Public Library. Facility includes 225 seat auditorium, study rooms, adaptive work stations, free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals for all ages, large type books, linking databases, historical collection about Glendale, and books in many languages. Programming for children, computer classes, literacy classes, adults, teens. English, Armenian, Korean, Spanish, and other languages translation offered.
**CHEVY CHASE GLENDALE PUBLIC LIBRARY**
3301 E. Chevy Chase Dr.
Glendale, CA 91206
(818) 548 – 2046

Facility includes community room, free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. English translation offered.

**GLENDALE COMMUNITY COLLEGE LIBRARY**
1500 N. Verdugo Rd.
Glendale, CA 91208
(818) 240 – 1000 x 5586
[http://gcc.glendale.edu/library](http://gcc.glendale.edu/library)

All resources available in the library are available to visitors to the library. Priority use of materials will be given to GCC students, facility, and staff. Alumni and patrons are directly affiliated with GCC may purchase a “Friends of the Library” card for $20. The card entitles the holder to check out books and to Inter-library loan privileges, but does not include remote access to library databases. The card is valid for one year. English, Armenian translation offered.

**GRANDVIEW GLENDALE PUBLIC LIBRARY**
1535 Fifth St.
Glendale, CA 91201
(818) 548 – 2049

Facility includes free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. Programming for children. English translation offered.

**LA CANADA FLINTRIDGE COUNTY OF LOS ANGELES PUBLIC LIBRARY**
4545 Oakwood Ave.
La Canada Flintridge, CA 91011
(818) 790 – 3330


Facility includes community room, free WIFI and computers for internet browsing. Collections include DVDs, books and periodicals, large type books, and online databases. Programming for children and teens. English, Spanish translation offered.

Facility includes study room, children’s story time room, free WIFI, and computers for internet browsing. Collections include DVDs, books and periodicals, and online databases. Programming for children and teens. English, Spanish translation offered.
Self-Help Support

ADULT MENTAL HEALTH SERVICES
Glendale Memorial Hospital & Health Center
1420 S. Central Ave.
Glendale, CA 91204
(818) 502 – 1900
9:00 a.m. – 4:00 p.m.
http://www.dignityhealth.org/glendalememorial/

Mental health services for 18+ years. Spanish translation offered.

AIDS PROJECT L.A.—SUPPORT GROUPS
611 S. Kingsley Dr.
Los Angeles, CA 90005
(213) 201 – 1600
(213) 201 – 1500 Client Line
http://www.apla.org

Support groups offered for persons infected and affected by HIV disease. Groups are facilitated by volunteers licensed mental health professionals. Drop-in and Spanish speaking groups available, groups for dual-diagnosis of HIV/AIDS or addictive behavior. Groups meet during the day and in the evenings and last 1 ½ to 2 hours once a week. Some groups have waiting list.

ALCOHOLICS ANONYMOUS ADMINISTRATION
4311 Wilshire Blvd., Suite 104
Los Angeles, CA 90010
(800) 923 – 8722 Toll Free
(323) 936 – 4343
(323) 735-2089 Spanish line
http://www.lacoaa.org

24-hour self-help information for alcoholics. Will help anyone who wants to stop drinking. This is an original 12-Step program self-help group. AA meeting information. Spanish and Russian translation offered.
ALISA ANN RUCH BURN FOUNDATION
Southern California Administrative Office
50 N. Hill Ave., Suite 305
Pasadena, CA 91106
(800) 242—BURN
(818) 848 – 0223
http://www.aarbf.org

Supports first service and medical community to prevent burns and addresses the needs of burn survivors. AARBF provides support groups, recreational activities/programs and emergency assisting to child and adult burn survivors. Spanish translation offered.

ALZHEIMER’S ASSOCIATION
9606 S. Santa Monica Blvd. 2nd Floor
Beverly Hills, CA 90210
(323) 309 – 8821
(800) 272 – 3900 24-hour Helpline
http://www.alz.org

Information about disease and related disorders. Resources to day care, diagnostic centers, support groups, legal services, case management, home health agencies, physicians, nursing homes and other services. Educational events throughout the community for lay and professionals. Funding: donations, non-profit, foundations, grants. English and Spanish translation offered. Most services are free.

ARTHRITIS POOL THERAPY—Glendale Adventist Medical Center
1509 Wilson Terrace
Glendale, CA 91206
(323) 255 – 5409

Sessions meet at the Rehabilitation Institute Monday-Friday. Cost: $282 First session and $7 per session thereafter.

BEING ALIVE
7531 Santa Monica Blvd., Suite 100
West Hollywood, CA 90046
(323) 874 – 4322
http://www.beingalivela.org

Support services for people living with HIV/AIDS. Spanish translation offered.
CELEBRATE RECOVERY—Eagle Rock Baptist Church, Chi Hall
1499 Colorado Blvd.
Los Angeles, CA 90041
(323) 255 – 4611
Monday 7:00 p.m. – 9:00 p.m.
http://www.erockchurch.com/what-we-do/celebrate-recovery/

Christ-centered 12-Step recovery program. Support groups for all types of problems and addictions, including: food, sex, or relationship addictions, co-dependency and chemical dependency.

EPILEPSY FOUNDATION OF GREATER LOS ANGELES
5777 W. Century Blvd., Suite 820
Los Angeles, CA 90045
(800) 564 – 0445 Toll free
(310) 670 – 2870
http://www.end-epilepsy.org

The Epilepsy Foundation of Greater Los Angeles is leading the fight to END EPILESPY and overcome challenges created by seizures by focusing on Care, Advocacy, Research and Education (CARE). CARE offers a range of services and programs to help, support, advocate for, and empower those who are affected by epilepsy and their caregivers. Support research to accelerate cures for the epilepsies, support the training and work of new pediatric neurology / epilepsy specialist, do business with, educate or encounter people with epilepsy during their daily lives-to better understand epilepsy / seizures disorders and fight to END EPILESPY. Spanish translation offered.

TEEN GRIEF SUPPORT GROUPS—GLENDALE ADVENTIST
1509 Wilson Terrace
Glendale, CA 91206
(818) 409 – 8000
Thursday’s 6:00p.m. - 7:30 p.m.
https://www.adventisthealth.org/glendale/pages/search/searchresults.aspx?k=grief%20support

Information and referral, self-help groups, educational outreach, residential and family camps, parent phone network, conferences, medical ID bracelets and necklaces, seizure first aid training, advocacy, literature and written education guides. Services for persons with seizure disorders, their family members and the community. Spanish translation offered.
MARIJUANA ANONYMOUS
Pathfinders Alano Club
3367 Glendale Blvd.
Atwater Village
(800) 766 – 6779 World Services
(818) 759 – 9194
Sunday’s  8:00p.m. - 9:00 p.m. (No breaks)
http://madistrict6.org/meetings

Fellowship group of men and women who share experience, strength and hope with each other to solve a common problem and help others to recover from Marijuana addiction. Literature in Spanish and English.

NAMI NATIONAL ALLIANCE on MENTAL ILLNESS
Verdugo Mental Health Care
1540 E. Colorado Blvd.
Glendale, CA 91205-1514
(800) 950 – 6264 Helpline
(323) 478 – 1656
Meetings held Tuesdays 6:00 p.m. – 7:30 p.m.
http://www.nami.org

Share and Care group for relatives and friends of the mentally ill. Spanish and Armenian translation offered.

OVEREATERS ANONYMOUS
Glendale Adventist Medical Center Rehab
335 Mission Rd., Group Room 1
Glendale, CA 91205
(626) 568 – 7511
http://www.oa.org

Self-help groups patterned after Alcoholics Anonymous. Meeting in Pasadena, Glendale, Los Angeles, Burbank, San Fernando Valley.
SELF-HELP AND RECOVERY EXCHANGE (SHARE)
425 S. Broadway Blvd.
Los Angeles, CA 90013
(213) 213 – 0100
(877) 742 – 7349 Toll free
http://www.shareselfhelp.org

Self-Help Centers provide meeting space for self-help support groups of all kinds ranging from anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals. Self-Help Specialists can find a meeting in your neighborhood that is right for you. SHARE’s 24-hour voicemail lets you push button for contact information for hundreds of self-help groups.

TURNING NEW CORNERS
1525 Orange Grove Ave.
Glendale, CA 91205
(818) 550 – 8329
http://www.manta.com/c/mmd8nvn/turning-new-corners

Provides youth mentoring, community outreach, promote education, career counseling, social skills and conversational English activates. Offers court ordered Anger Management classes while providing progress and court letters with certificate of completion. Additionally provides low cost Live Scan services. Armenian and Spanish translation offered.
Senior Multiple Services

ADULT DAY HEALTH CARE CENTER
6900 San Fernando Rd.
Glendale, CA 91201
(818) 566 – 6688
http://www.glendaleadhc.com/

A community-based program that provides Medical rehabilitative and social services to elderly persons and other adults with functional impairments. The goal is to maintain the capacity for self-care and encourage the maximum level to function.

ADULT PROTECTIVE SERVICES
3175 W. 6th St.
Los Angeles, CA 90020
(888) 202 – 4248 Mandated Reporter Hotline
(800) 510 - 2020 Toll free
http://wdacs.lacounty.gov

Adult Protective Services (APS) State mandated Title XX service program which mandates the prompt investigation of all situations involving elders (65+ years) and dependent adults (physically or mentally impaired 18 - 64 years) who are reported to be endangered. Investigate adult abuse financial and self-neglect.

ARMENIAN RELIEF SOCIETY
517 W. Glenoaks Blvd.
Glendale, CA 91202
(818) 500 – 1343
http://www.arswestusa.org

Provides employment referral, placement, translation, training and vocational counseling. Free job listings to employers looking for qualified workers. Also assist with housing and emergency needs. Farsi, Armenian, Arabic, French, and Russian translation offered.

ASSISTANCE LEAGUE OF GLENDALE
314 E. Harvard St.
Glendale, CA 91205
(818) 247 – 4296
http://www.alglenade.org

Senior Neighborhood Fellowship provides monthly lunches and entertainment for seniors ages 55+. SAT Seminars instructed by authors and scholarships available.
BET TZEDEK LEGAL SERVICES
3250 Wilshire Blvd., 13th Floor
Los Angeles, CA 90010
(323) 939 – 0506
http://www.bettzedek.org

Provides free legal services to low income individuals and families on civil matters including landlord and tenant eviction defense, wage and hour claims and employment rights, public benefits, social security and SSI, Medi-cal, elder law, California powers of attorney for Health Care, simple wills, conservatorships, guardianships, Holocaust reparations, nursing home issues, debtors rights, Chapter 7 bankruptcies, foreclosure preventions, and In-Home supportive services (IHSS). Multiple languages translation offered.

CAL JOBS – EMPLOYMENT DEVELOPMENT DEPARTMENT
(800) 758 – 0398 Toll Free
(818) 409 – 0476
(855) 716 – 3518 Spanish
http://www.edd.ca.gov/Jobs_and_Training/Services_for_Older_Workers.htm

California’s Internet system for linking employer job listings and job seeker resumes. Many professional, managerial, and technical workers who have unexpectedly found themselves out of work are now working together-helping each other find new employment opportunities through “job clubs” sponsored by EDD.

CALIFORNIA TELEPHONE ACCESS PROGRAM—CTAP
425 W. Broadway Blvd., Suite 105
Glendale, CA 91204
(800) 806 – 1191
http://ddtp.cpuc.ca.gov

Free specialized California phones from CTAP which makes calling easier for all eligible California residents. CTAP provides amplified phones, big button phones, phones with lights that flash for incoming calls, portable phones, and other phones that are specially designed for anyone who has difficulty using a standard phone. Fill out a simple application and have it signed by a medical doctor, a licensed audiologist, a qualified state agency, or other specialized health professionals. English, Spanish, Chinese, Hmong, and Vietnamese translation offered.

THE CENTER FOR AGING RESOURCES
447 N. El Molino Ave.
Pasadena, CA  91101
(626) 577 – 8480
http://www.cfar1.org

Center offers a variety of services for older adults, including in home and outpatient mental health services; elder abuse and crime victim services; Alzheimer’s daycare; medication support; education and treatment services for substance and alcohol abuse, support groups for elders, their families and caregivers.
Education is a key tool to prevent consumer injury. In this website you will public advice on avoiding scams and rip-offs, as well as tips on other consumer topics such as automobiles, credit, health and fitness, energy and environment, business opportunities, identity theft, investments, products and services, scholarship and employment services, telemarketing, telephone services, travel, etc.

**GERIATRIC EVALUATION NETWORKS ENCOMPASSING SERVICES—GENESIS**

Burbank Joslyn Adult Center MSC  
1301 W. Olive St  
Burbank, CA 91506  
(818) 238—5353  
[http://www.la4seniors.com](http://www.la4seniors.com)

The GENESIS Program is a community outreach effort that helps organize assistance for seniors 60+ who cannot care for themselves. They are primarily called in to handle cases with “dementia” including sudden memory loss and/or delusions caused possibly by any combination of hypothyroidism, B12 deficiency, general poor nutrition, urinary tract infection, and subdural hematoma.

**GLENDALE ADULT RECREATION CENTER**

201 E. Colorado Blvd.  
Glendale, CA 91205  
(818) 548 – 3775

Multi-purpose senior center. Lunch program 7 days/week, senior social and recreational activities, fitness center, classes in ESL, art, sewing, exercise, legal assist, health screening, information and assist, bus pass, nutritional meals, care management, telephone reassurance, Home Delivered Meal for homebound seniors.

**GLENDALE COMMUNITAS INITIATIVE**

350 N Glendale Ave., Suite B265  
Glendale CA, 91206  
(818) 477 – 0792

Personalized poverty recovery and prevention programs for individuals and families. Provides personal money management classes, job searches and legal seminars. Spanish translation offered.
Glendale Memorial Hospital and Health Center has variety of programs and services and seniors. Our goal is to help seniors live active, healthy and independent lifestyles. Support groups, exercise classes and other programs geared toward seniors. Programs include Crossroads Adult Behavioral Health Description: Services, Senior Peer Counseling, Stanford Chronic Disease Management, and ages 50+.

Low-Income and Discount Programs such as Glendale Care $10 off bill, Cool Care, get new ENERGY STAR refrigerator, Guardian discounts available for medical equip needs. Helping Hand, get help with electric bill or deposit requirements for customer with a one-time emergency.

State of California funded, to assist low income residents to pay for an outstanding energy bill once every 2 years.

Assists eligible seniors, blind and disabled to live safely in own homes rather than an institution.
JOSLYN SENIOR CENTER
1301 W. Olive Ave.
Burbank, CA 91506
(818) 238 – 5353

Senior 55+ years multi-purpose center, recreation, information and Medicare assistance (H.I.C.A.P.), nutrition, transportation, legal assist, in-home service, R.S.V.P. (volunteer program), fitness program, telephone reassurance, transportation.

LIFE SERVICES INC.
P.O. Box 4097
Glendale, CA 91222
(818) 547-0585
http://www.lifeservicesinc.org

Professional Conservatorship Services, complete personalized care encompassing medical, financial, social, spiritual, and psych needs for seniors 60+ years Services include Life Care Planning, personalized care, trust management, estate admin and referrals. Connect through LA4Seniors under Conservatorship link.

LOS ANGELES CAREGIVER RESOURCE CENTER
3715 McClintock Ave.
Los Angeles, CA 90089
(800) 540 – 4442
(213) 821 – 7777
http://www.la4seniors.com/lcrc.htm

LACRC offers resources, information, support groups, counseling, family consultations, limited respite, workshops, classes, web-based resources, and retreats. English, Spanish, Mandarin, Cantonese translation offered.

LOS ANGELES COUNTY ELDER ABUSE HOTLINE
201 N. Figueroa St., 12th Floor
(877) 477 – 3646 Elder Abuse Hotline
(213) 580 – 3383
http://da.lacounty.gov/seniors

Adult Protective Services (APS) is a State mandated Title XX service program which mandates the prompt investigation of all situations involving elders (65 years+) and dependent adults (physically or mentally impaired 18 - 64 years) who are reported to be endangered by physical, sexual or financial abuse, abandonment, isolation, abduction, neglect or self-neglect or hazardous living conditions. Upon receipt of such a report, an APS Social Worker will make a face-to-face contact with the client in order to investigate and make an assessment of the situation.
LITTLE TOKYO SERVICE CENTER
231 E. Third St., Suite G-106
Los Angeles, CA 90013
(213) 473 – 3030
http://ltsc.org

Provides information and referral, case management services, counseling and support groups to Asian Pacific Islander and other low-income communities. Therapy categories include, anger management, child care, domestic violence counseling, housing assistance, legal assistance, and mental health services and parenting education. English, Japanese, Korean, Cantonese, Mandarin, Spanish, Khmer translation offered.

CLINICAL SOCIAL WORKER & THERAPIST
1139 N. Brand Blvd., Suite A
Glendale, CA 91202
(323) 680 – 5925
https://therapists.psychologytoday.com/rms/name/Susan_E_Miller_LCSW_Glendale_California_59567

Services include providing mental health services, domestic violence, anger management counseling, senior multiple services, elder medication and parenting education. Private insurance payment.

PARTNERS IN CARE FOUNDATION
732 Mott St., Suite 150
San Fernando, CA 91340
(818) 837 – 3775
https://www.picf.org/

Provides case management to those 65+ years, functionally impaired, at-risk of nursing home placement and who are Medi-Cal eligible with no share-of-cost. Spanish, Tagalog, Armenian translation offered.

PERSONAL ASSISTANCE SERVICES COUNCIL
3307 N. Glenoaks Blvd.
Burbank, CA 91504
(877) 565 – 4477 Hot line
(626) 737 – 7512 TTY
http://www.pascla.org

PASC is the Public Authority for In-Home Supportive Services (IHSS) in L.A. County. Operates a Registry to provide referrals for IHSS consumers and providers; Provides access to training and an array of supportive services for improvement of the IHSS program in general. PASC is committed to enhancing the quality of life for all people who receive and provide In-Home Supportive Services. Additional locations available.
SAFETYNET WIRELESS
903 N. La Brea Ave
Inglewood, CA 90302
(818) 922 – 8391
(888) 900 – 8593 Toll free
http://www.safetynetwireless.com/

California Lifeline program provides government assistance qualified customers a SafetyNet wireless with no bills or contracts.

SENIOR LEGAL HOTLINE
444 North Third St., Suite 312
Sacramento, CA 95811
(800) 222 – 1753 Toll free
(866) 413 – 4911 Pension Counseling
https://www.caregiver.org/california-senior-legal-hotline

Free legal advice, assistance and education.

SOCIAL SECURITY ADMINISTRATION
225 West Broadway Suite 600
Glendale, CA 91204
(800) 772 – 1213
http://www.ssa.gov

Provides information on Social Security, SSI benefits, SS cards, Medicare benefits and sign-up, survivor and burial benefits.

SOUTHERN CALIFORNIA SENIOR RESOURCES
185 N. Hill Ave., Suite 4
Pasadena, CA 91106
(866) 697 – 3646 Toll free
(626) 795 – 7789
http://www.socalseniors.com

Free referral service guide to assist in finding Assisted Living, Dementia Care, Board and Care Homes, Nursing homes, Independent (Retirement Home), SSI Communities, Medi-Cal/Medicare Communities, Home Care.
SPARR HEIGHTS COMMUNITY CENTER
Community Services and Parks Department
1613 Glencoe Way
Glendale, CA 91208
(818) 548 – 2187
http://www.ci.glendale.ca.us/parks/sparr_heights_community_center.aspx

Congregate senior lunch program offers nutritious hot meal for seniors for 60+ years. Donation of $2.50 is requested.

VERDUGO JOB CENTER
1255 S. Central Ave.
Glendale, CA 91204
(818) 409 – 0476
http://www.verdugojobscenter.org

The center offers a comprehensive range of workforce development activities through statewide and local organizations typically referred to as a One-Stop Center. These available workforce development activities provided can benefit job seekers, laid off workers, youth, seniors, in combat workers, new entrants to the workforce, veterans, persons with disabilities, and employers. These activities promote an increase in the employment, job retention, earnings, and occupational skills improvement by participants. The State of California receives funding from the federal government to provide services for adults, laid-off workers, and youth.
Substance Addiction

AA WINDSOR CLUB
123 W. Windsor Rd.
Glendale, CA 91204
(818) 242 – 1350
http://www.glendalewindsorclub.com/

Meeting place for Alcoholics Anonymous and Al-Anon's. English and Armenian meetings.

ACTION PARENT TEEN SUPPORT GROUP
220 N. Kenwood St.
Glendale, CA 91206
(800) 637 – 8336 24-Hour Hotline
(661) 297 – 8693
Monday 7:00 p.m. – 9:00 p.m.
http://www.actionfamilycounseling.com

Action Parent Teen Support offers a 30-day inpatient program, weekly meetings, drug testing, evaluations and assessments, sessions teaching parents and teens about boundaries, goal setting, and maintaining healthy compatible relationships with family and friends. 24/7 HELPING- 1-800-For-Teens. English and Spanish translation offered.

ADDICTION COUNSELING—GLENDALE COMMUNITY COLLEGE
1500 N. Verdugo Rd.
Glendale, CA 91208
(818) 240—1000 Ext. 5513

Provides addiction counseling and victims of crime.

ALPHA TREATMENT
Glendale Memorial Hospital
1510 S. Central Ave., Suite 240
Glendale, CA 91204
(866) 351 – 4569
(818) 502 – 2300

Chemical dependency treatment, detox, day and evening programs. Individual and group therapy
CHILDREN’S HOSPITAL LOS ANGELES  
Substance Abuse Prevention and Treatment Services  
5000 Sunset Blvd., Suite 701, 7th Floor  
Los Angeles, CA 90027  
(323) 361 – 2463  
http://www.chla.org/SubstanceAbusePrevention

Services are provided at the Division of Adolescent Medicine, schools, and community locations attractive and accessible to youth. Services include: screening and assessment, individual, family and group therapy, prevention education, drug-free recreational activities, linkage to community resources for youth and families, training for parents, teachers, and community providers. Family and group sessions, free for seniors and ages 10 - 25.

CHRISTIAN ASSEMBLY CHURCH—Thrive (Recovery)  
2424 Colorado Blvd.  
Los Angeles, CA 90041  
(323) 255 – 1421  
http://cachurch.com/ministries/thrive/

Offers a variety of faith-based recovery courses and groups. Areas covered: alcohol/substance additions, sexual addictions, family of origin issues, survivors of sexual abuse, financial management, and effects from divorce.

CIRCLE OF HELP FOUNDATION  
7041 Owensmouth Ave. #106  
Canoga Park, CA 91303  
(877) 512 – 0766 Toll free  
(818) 593 – 8198  
http://www.circleofhelp.com

Substance abuse treatment, intervention programs, treatment planning, outpatient, daycare rehabilitative services.

FRESH START  
2600 Foothill Blvd  
La Crescenta, CA 91214  
(855) 734 – 2223  
http://www.freshstartprograms.org/

Detoxification treatment services help in assisting an individual in detoxifying from drugs or alcohol. Many drugs can be difficult to withdraw from. That is why detoxification treatment services are beneficial to those in need of help detox from drugs or alcohol. Detoxification treatment services can help in locating a facility to receive help in detoxifying or in providing information.
GLENDALE ADVENTIST MEDICAL CENTER  
1509 Wilson Terrace  
Glendale, CA 91206  
(818) 409 – 8000  
http://www.glendaleadventist.com

Acute detox residential treatment and outpatient services for individuals with dependencies. Services for substance and detox programs.

NEW INSIGHTS PROGRAM  
522 E. Broadway Blvd., Suite 101  
Glendale, CA 91205  
(818) 242 - 2308

Drug and alcohol counseling, education and tobacco awareness for 18+. Drug division referred by court.

PACIFIC CLINICS—Substance Abuse Program  
237 Central Ave.  
Glendale, CA 91203  
(877) 722 - 2737 Toll free  
(818) 547 - 9544  
http://www.pacificclinics.org

Outpatient drug alcohol treatment program, information and referral, prevention, substance health and mental health treatment and education ages 26 - 59.

PASADENA RECOVERY CENTER  
1811 N. Raymond Ave.  
Pasadena, CA 91103  
(866) 817 – 0204  
http://www.pasadenarecoverycenter.com

Outpatient and 88 bed residential mental health services for adults, families and groups. Also offers inpatient family group therapy, 12-Step program, and individual therapy 7-days a week.

RIGHT ON PROGRAM, INC.  
522 E. Broadway  
Glendale, CA 91205  
(818) 240 - 1683  
http://www.rightonprograms.org/programs-services/

DUI Programs for 1st, 2nd, and 3rd offenders and adult anger management program that meet court ordered requirements.
Transportation Services

ACCESS SERVICES
(800) 883 – 1295 Toll free
(800) 826 – 7280 TDD
http://accessla.org

Access Services provides transportation services for people unable to independently use public buses or light rail services in Los Angeles County for all or some of their trips. Access Services works with the public buses and light rail to provide curb-to-curb service within a ¾ mile of bus routes in Los Angeles County. Access Services is what is known as an ADA Complimentary Paratransit service and operates under the rules set forth in the Americans with Disabilities Act (ADA). Access Services is also responsible for coordinating transportation programs of social service providers in Los Angeles County.

CALIFORNIA DEPARTMENT OF MOTOR VEHICLES
1335 W. Glenoaks Blvd.
Glendale, CA 91201
(800) 777 – 0133
https://www.dmv.ca.gov/portal/dmv/detail/fo/offices/fieldoffice?number=510

Authorities California State driver licenses, registered motor vehicles and issues ID cards to those who do not drive.

DIAL-A-RIDE GLENDALE
633 E. Broadway, Suite 209
Glendale, CA 91206
(818) 548 – 3960 option 2
(818) 247 – 0691
Monday – Friday 8:00 a.m. – 6:00 p.m.
http://www.ci.glendale.ca.us/public_works/dial-a-ride.aspx

Transportation for seniors age 60+yrs and disabled persons in Glendale, Montrose, La Canada-Flintridge and La Crescenta. Appointments must be made 24 hours in advance but can be made up two weeks ahead. Return trips must be pre-booked. Must register ahead. Spanish and Armenian translation offered.
Volunteer Opportunities

AHEAD WITH HORSES, INC.
10157 Johanna Ave.
Shadow Hills, CA 91040
(818) 767 – 6373
Saturday 8:45 a.m. – 2:30 p.m.
http://aheadwithhorsesla.org/

Volunteer and community service court ordered opportunities for teens. Be prepared with food, water, long sleeves and pants.

ALEX THEATRE
216 N Brand Blvd.
Glendale, CA 91203
(818) 243 – 7700
http://www.alextheatre.org

Volunteer / community service opportunities: serve functions such as greeting and directing patrons, ticket tearing, directing patrons to their seats and assisting guests with special needs.

AMERICAN RED CROSS - YOUTH GROUP
1501 S. Brand Blvd.
Glendale, CA 91204
(818) 243 – 3121
http://www.redcross.org/ca/glendale/volunteer

Volunteer opportunities for teens and adults.

CITY OF GLENDALE VOLUNTEER PROGRAM
Community Services and Parks Department
613 E. Broadway, Room 120
Glendale, CA 91206
(818) 548 – 2782
http://www.ci.gleendale.ca.us/parks/volunteer_opportunities.aspx

Opportunities to volunteer in community special events, senior and disabled adult programs and after-school drop-in youth programs. California driver’s license, California Identification card, U.S. passport or Green Card required.
CITY OF PASADENA VOLUNTEER CENTER
100 N. Garfield Ave.
Pasadena, CA 91109
(626) 744 – 4366
http://www.cityofpasadena.net/Human_Resources/Volunteer_Welcome_Page

Community service referral service program has a processing fee.

GLENDALE ADVENTIST MEDICAL CENTER
Student Volunteer Program
1509 Wilson Terrace
Glendale, CA 91203
(818) 409 – 8057
http://www.glendaleadventist.com/volunteer

Volunteer opportunities for teens and adults.

GLENDALE COMMUNITAS INITIATIVE
350 N. Glendale Ave., Suite B265
Glendale, CA 91206
(818) 477 – 0792

Volunteer and Internship opportunities for teens and adults. Spanish translation offered.

GLENDALE VOLUNTEER CENTER—Glendale Courthouse
600 E. Broadway, Room 111
Glendale, CA 91206
(818) 500 – 9553
http://www.lacourt.org/courthouse/info/GLN

Volunteer opportunities for teens and adults.

INTERNATIONAL RESCUE COMMITTEE
625 N. Maryland Ave.
Glendale, CA 91206
(818) 550 – 6220
http://www.rescue.org/us-program/us-los-angeles-ca/irc-volunteerintern-process

Volunteer and Internship opportunities for teens and adults.
PASADENA HUMANE SOCIETY
361 S. Raymond Ave.
Pasadena, CA 91105
(626) 792 – 7151
http://pasadenahumane.org/how-you-can-help/volunteer/

Volunteer opportunities and community services for adults and 15 - 18 years.

ST. KEVORK ARMENIAN CHURCH
1434 W. Kenneth Rd.
Glendale, CA 91201
(818) 243 – 7802

Community Service Opportunities for teens and adults.
Youth Anti-Gang

CLEANSLATE INC. - Tattoo Removal Program
22150 Wardham Ave. 2nd Floor
Hawaiian Gardens, CA 90716
(562) 945 – 9111
Tattoo Clinic on Saturday’s 9:00 a.m.
https://www.cleanslatela.org/

We provide low-cost tattoo removal to those who are financially oppressed, and we would welcome those of you who are more financially privileged to get you tattoo’s removed here as well. We will give you a great price and your dollars go towards Community Violence Recovery Programs.

COMMUNITIES IN SCHOOL
8743 Burnett Ave.
North Hills, CA 91343
(818) 891 – 9399
http://www.cisgla.org

Hardcore gang intervention and Youth Build program. Services to gang members, their families, and others affected by gang violence, individualized wrap-around services to youth living in the San Fernando Valley. Female Empowerment Program (FEP) ages 14-18 that are gang-oriented/gang affiliated. The youth build program consists of individual and groups. Spanish translation offered.

FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.

HOMEBOY INDUSTRIES
130 W. Bruno St.
Los Angeles, CA 90012
(323) 526 – 1254
http://www.homeboyindustries.org

Job referrals, job readiness and training, counseling, community service assistance, case management services for gang members, tattoo removal, at-risk youth, and those recently released from detention facilities. Spanish translation offered.
Youth Recreation & Programs

**BOYS AND GIRLS CLUB OF BURBANK & GREATER EAST VALLEY**
2244 N. Buena Vista St.
Burbank, CA 91504
(818) 842 – 9333
http://www.bgcburbank.org

Non-profit after school and summer program serving youth ages 6 - 18. Provide homework time, computer classes, creative arts, athletics, and much more. We also have a deaf and hard of hearing program and a very popular teen program. No child is turned away from any of our programs for an inability to pay. There is a $75 annual membership fee and $50 registration for summer. English, Spanish and Armenian translation offered and Sign Language.

**CAESURA YOUTH ORCHESTRA**
610 E. California Ave.
Glendale, CA 91206
(818) 203 – 2071
http://www.mycyo.org/

Non-profit after school and program serving youth ages 9 - 12. Provide at-risk students free music education, group lessons and instruments (if they stay with program 3 year). Currently working at Cerritos. English and Spanish translation offered.

**CITY OF GLENDALE COMMUNITY SERVICES & PARKS**
613 E. Broadway, Room 120
Glendale, CA 91206
(818) 548 – 2000
http://www.ci.glendale.ca.us/parks

Provides classes in fitness, sports, art, dance, for children, adults, special events and seniors. Camps for kids during school breaks and summer vacation provided. Afterschool programs provided year-round.

**D.A.R.E. – Drug Abuse Resistance Education**
9800 La Cienega Blvd. #401
Inglewood, CA 90301
(310) 215 – 0575
(800) 233 – DARE
https://www.dare.org/

D.A.R.E. is a police officer-led series of classroom lessons that teaches children from K-12 how to resist peer pressure and live productive drug and violence-free lives.
FOOTHILL FAMILY
1801 Huntington Dr.
Duarte, CA 91010
(626) 993 – 3000
Monday – Friday 8:00 a.m. – 7:00 p.m.
http://www.foothillfamily.org

Provides mental health services, counseling, case management, mentoring, support groups and substance abuse services for children, youth, seniors, families and developmentally disabled. Medi-Cal and private insurance accepted. Spanish and other language translation offered.

HOMETNETMEN GLENDALE “ARARAT” CHAPTER
3628 San Fernando Rd.
Glendale, CA 91204
(323) 256– 2564
http://www.ararat.org

Is a non-profit after school and summer program serving youth ages 6 - 18. Provide homework time, computer classes, creative arts, athletics, and much more. We also have a deaf and hard of hearing program and a very popular teen program. No child is turned away from any of our programs for an inability to pay. There is a $75 annual membership fee and $50 registration for summer. Spanish and Armenian translation offered.

LOS ANGELES COUNTY DEPARTMENT OF PROBATION
Citation Diversion Program
4849 Civic Center Way
Los Angeles, CA 90022
(323) 780 – 2144
http://www.lapdonline.org/juvenile_division/content_basic_view/6292

If you live in Los Angeles County and are having problems with a child that refuses to behave and is incorrigible, you may want to consider contacting your local juvenile probation field station. When contacting a local field office, they will advise you to the best course of action for your situation. In some cases the court system may declare a minor incorrigible if a petition is filed. Petitions are usually filed as a last resort in runaway or excessive defiance situations.

SALVATION ARMY ZONE
320 Windsor Rd.
Glendale, CA 91204
(818) 246 – 5586
Monday – Thursday 3:00 p.m. – 6:00 p.m., Friday 2:00 p.m. – 5:00 p.m.
http://glendale-ca.salvationarmy.org/glendale-ca/about-the-salvation-army-in-glendale/

Provides homework help, sports, photography, and film making. Free for grades 3rd-8th grade ages 8 - 14.
TEEN NIGHT OUT
501 S. Pacific Ave
Glendale, CA 91204
(818) 937 – 7243
Every other Friday 5:30 p.m. – 9:00 p.m.

Glendale Teen Night Out is designed to provide FREE teens (ages 13 – 17). Activities that include Billiards, Ping Pong, Play Station 4, karaoke, hang out and relax with friends, teen coordinated activities and teen crafts. Teen focused workshops are also presented. Snacks and beverages provided while supplies last. Community Center Youth Activity Card required to participating.

YMCA OF GLENDALE
130 N. Louise St.
Glendale, CA 91206
(818) 240 – 4130
http://glenymca.org

Provides Teen drop-in center, day camp, sports, swimming lessons, after-school programs.
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